

## MEDICINES APPROVED FOR PESACH 2024

*This list has been compiled by Rabbi A Adler BPharm MRPharms, a practising pharmacist, in consultation with the food technologists of the KLBD.*

### KEY

D	Dairy (non-supervised milk) and suitable for Pesach
P	Parev and suitable for Pesach
NK	Not Kosher
NP	Not suitable for Pesach
KLBD-P	KLBD certified Parev for Pesach
S-P	Supervised Parev for Pesach

### **General points regarding medication for Pesach:**

- In general all solid dose tablets and prescribed capsules are in order for Pesach use. Those who prefer not to take gelatine capsules are advised to ask their physician if they can prescribe the medication in an alternative form.*
- When taking non-essential medicines, it is preferable to use tablets rather than gelatine capsules.*
- Wherever possible, tablets or capsules should be used rather than liquid or chewable preparations, as these may contain ingredients such as sorbitol and glucose, which could be derived from wheat. In cases of need, the liquid and chewable preparations listed as approved below may be used.*
- All inhalers are permitted. Please note that many powder inhalers contain lactose and, except in cases of emergency, should not be used after a meaty meal.*
- Ointments and creams are permissible, except for those specifying chametz ingredients on the packaging (eg Aveeno cream, based on oats), which should be avoided.*
- Prescribed medication should not be altered without consulting a doctor.***

### **Special Note About Medication for Children**

*Most liquid medications for children cannot be guaranteed free of chametz derived ingredients. If a child requires liquid medication, for example Paracetamol or Ibuprofen, it is permitted to give it even where there is no danger to life. All such medication should be included in your sale of chametz. Let your Rabbi know, so that he can arrange with the non-Jewish purchaser to allow such use. It may then be taken from the chametz location, used as necessary, and returned.*

### AMINO ACIDS

P	Cytoplan L Glutamine Powder
P	Higher Nature Glutamine Powder
P	Lamberts L Carnitine Capsules
P	Lamberts L Glutamine Capsules
P	Lamberts L Theanine Capsules

### ANTI SMOKING

*None are suitable for Pesach.*

## ANTIBIOTICS, ANTIFUNGALS & ANTIVIRALS

*All tablets and capsules are permitted.*

### **Note about Antibiotics:**

*If possible, sugar free antibiotic liquids should be avoided as they usually contain sorbitol which could be chametz. If a child needs an antibiotic liquid during Pesach, it is preferable to ask the doctor to prescribe one sweetened with sucrose. Your pharmacist should be able to advise if you have been prescribed one containing sorbitol. Please note even the ones sweetened with sucrose may contain other problematic ingredients such as xanthan gum and ethanol and therefore all antibiotic liquids should be included in the sale of chametz.*

NP	Aciclovir Suspension
P	Aciclovir Tablets
P	Acnamino Capsules
P	Aknemin Capsules
P	Amoxicillin Capsules
NP	Amoxicillin Sugar Free Suspension
P	Amoxicillin Suspension
P	Amoxil Capsules
NP	Amoxil Paediatric Suspension
NP	Amoxil Syrup
NP	Ampicillin Capsules
NP	Ampicillin Syrup
NP	Augmentin Dispersible Tablets
NP	Augmentin Suspension
P	Augmentin Tablets
P	Avelox Tablets
NP	Azithromycin Suspension
P	Cefaclor Capsules
NP	Cefaclor Suspension
P	Cefadroxil Capsules
P	Cefalexin Capsules

*Where possible, it is preferable to use Cefalexin Tablets.*

NP	Cefalexin Sugar Free Suspension
P	Cefalexin Suspension
P	Cefalexin Tablets
P	Cefradine Capsules
NP	Cefuroxime Suspension
P	Cefuroxime Tablets
P	Ciprofloxacin Tablets
NP	Ciproxin Suspension
P	Ciproxin Tablets
P	Clarithromycin Capsules
NP	Clarithromycin Suspension
P	Clarithromycin Tablets
P	Clindamycin Capsules
NP	Co Amoxiclav Suspension
P	Co Amoxiclav Tablets
P	Co Fluampicil Caspules
P	Co Fluampicil Suspension
P	Co Trimoxazole Tablets
P	Dalacin C Capsules

P Diflucan Capsules  
NP Diflucan Suspension  
P Distaclor Capsules  
NP Distaclor Suspension  
P Doxycycline Capsules  
P Doxycycline Dispersible Tablets  
P Doxycycline Tablets  
P Erythrocin Tablets  
NP Erythromycin Sugar Free Suspension  
P Erythromycin Suspension  
P Erythromycin Tablets  
NP Ethambutol Tablets  
NP Flagyl S Suspension  
P Flagyl Tablets  
P Floxapen Capsules  
P Floxapen Forte Syrup  
P Floxapen Syrup  
P Flucloxacillin Capsules  
P Flucloxacillin Solution  
P Fluconazole Capsules  
NP Fucidin Suspension  
P Fucidin Tablets  
NP Furadantin Suspension  
NP Galenamox Liquid  
P Isoniazid Tablets  
P Itraconazole Capsules  
NP Klaricid Paediatric Suspension  
NP Klaricid Suspension  
P Klaricid Tablets  
P Ladropen Capsules  
P Lamisil Tablets  
P Lyme cycline Capsules  
P Macrobid Capsules  
P Macro dantin Capsules  
P Magnapen Capsules  
P Magnapen Suspension  
NP Metronidazole Suspension  
P Metronidazole Tablets  
P Minocin MR Tablets  
P Minocin Tablets  
P Minocycline Capsules  
P Moxifloxacin Tablets  
P Myambutol Tablets  
P Mycobutin Capsules  
P Nitrofurantoin Capsules  
P Nitrofurantoin Suspension  
P Nivemycin Tablets  
NP Nystan Nystatin Suspension  
P Nystatin Suspension

*Only Sandoz brand is approved for Pesach.*

P	Oxytetracycline Tablets
P	Penicillin V Solution
NP	Penicillin V Sugar Free Solution
P	Penicillin V Tablets
P	Phenoxymethylpenicillin Solution
NP	Phenoxymethylpenicillin Sugar Free Solution
P	Phenoxymethylpenicillin Tablets
P	Rifadin Capsules
P	Rifadin Suspension
P	Rifater Tablets
P	Rifaximin Tablets
P	Rifinah Tablets
P	Selexid Tablets
NP	Septrin Adult Suspension
NP	Septrin Paediatric Suspension
P	Sporanox Capsules
NP	Sporanox Solution
P	Suprax Suspension
P	Suprax Tablets
P	Tarivid Tablets
P	Tavanic Tablets
P	Terbinafine Tablets
P	Tetracycline Tablets
P	Tetralysal Capsules
NP	Trimethoprim Suspension
P	Trimethoprim Tablets
P	V-Cil-K Capsules
P	Vancomycin Capsules
P	Vibramycin Capsules
NP	Vibramycin D Tablets
NP	Zinnat Suspension
P	Zinnat Tablets
NP	Zithromax Suspension
NP	Zovirax Suspension
P	Zovirax Tablets
NP	Zyvox Suspension
P	Zyvox Tablets

## **ASTHMA & RESPIRATORY**

*All inhalers may be used. Please note that many powder inhalers contain lactose and, except in cases of emergency, should not be used after a meaty meal.*

P	Aminophylline Tablets
P	Bricanyl Tablets
NP	Montelukast Chewable
NP	Montelukast Granules
P	Montelukast Tablets
NP	Singulair Chewable
NP	Singulair Paediatric Granules
P	Singulair Tablets
P	Uniphyllin Continus Tablets

NP Ventolin Syrup

### **BONE & JOINT HEALTH**

D A Vogel Atrosan Devil's Claw Tablets

P BioCare Glucosamine Hydrochloride Capsules

NK Glucosamine & Chondroitin Tablets

*Best avoided but in cases of medical need a Rabbi should be consulted. Glucosamine MSM (Methyl Sulfonyl Methane) is an alternative which can be obtained in Health Food Shops and Chemists and is approved for year round and Pesach.*

P Glucosamine Tablets

P Just Vitamins High Strength MSM Tablets

P Lamberts MSM Tablets

P Nature's Best Glucosamine HCl Vegetarian & Vegan Tablets

P Osteoguard Tablets

P Vega Calcium Vitamin D Capsules

### **CALCIUM SUPPLEMENTS**

NP A1-Cal D3 Max Chewable

P Accrete D3 Tablets

NP Adcal Chewable

NP Adcal D3 Caplets

NP Adcal D3 Chewable Lemon

NP Adcal D3 Chewable Tutti Frutti

NP Adcal D3 Dissolve

NP Cacit D3 Granules

NP Calceos Chewable

NP Calcichew Chewable

NP Calcichew D3 Chewable

NP Calcichew D3 Forte Chewable

NP Calcichew Forte Chewable

P Calcium Ergocalciferol Tablets

P Calcium Lactate Tablets

NP Calvive Effervescent

NP Evacal D3 Chewable

NP Natecal D3 Chewable

NP The iCal D3 Chewable

### **CONSTIPATION**

P Bio Health Psyllium Husk Capsules

P Bisacodyl Tablets

P Boots Constipation Relief Tablets

P Boots Senna 12 Years+ Laxative Tablets

P Boots Senna Adult Laxative Tablets

NP Califig Syrup

NP Cenlax Tablets

P Compound Macrogol Sachets

NP Cosmocol Half Sachets

NP Cosmocol Lemon & Lime Sachets

NP Cosmocol Orange Sachets

NP Cosmocol Orange, Lemon & Lime Sachets

P Cosmocol Plain Sachets  
NP Docusol Paediatric Solution  
P Dulcolax Adult Pico Liquid  
P Dulcolax Adult Tablets  
P Dulcolax Twelve Plus Pico Liquid  
P Dulcolax Twelve Plus Tablets  
NP Dulcosoft Sachets  
D Duphalac Solution  
P Flourishe Powder  
NP Fybogel Fibre Chews  
NP Fybogel Lemon Sachets  
NP Fybogel Mebeverine Sachets  
P Fybogel Natural Sachets  
NP Fybogel Orange Sachets  
P Ispagel Orange Sachets  
P Ispaghula Husk Orange Sachets

*Only Manx brand is approved for Pesach. This is the usual brand and the brand name can be found on the back of the pack.*

D Lactulose Solution  
P Laxido Orange Sachets

*Laxido Paediatric Plain Sachets listed under PRESCRIPTION ONLY MEDICINES are also approved for Pesach.*

NP Lepicol Plus Powder  
NP Lepicol Powder  
D Lepicol Vegetarian Capsules  
P Liquid Paraffin  
P Manevac Granules  
NP Molaxole Sachets  
P Movicol Chocolate Sachets

*Movicol Paediatric Chocolate Sachets listed under PRESCRIPTION ONLY MEDICINES are approved for Pesach.*

P Movicol Half Sachets  
P Movicol Lemon & Lime Sachets  
P Movicol Liquid  
P Movicol Plain Sachets

*Movicol Paediatric Plain Sachets listed under PRESCRIPTION ONLY MEDICINES are approved for Pesach.*

P Normacol Granules  
P Normacol Plus Granules  
D Optifibre Powder  
D Optifibre Sachets  
NP Senokot 12 Years Plus Syrup  
D Senokot 12 Years Plus Tablets  
D Senokot Adult Tablets  
D Senokot Max Strength 12 Years Plus Tablets  
D Senokot Max Strength Adult Tablets  
P Solgar Psyllium Husks Fibre Vegetable Capsules

P Specialist Supplements Col Clear A Capsules  
P Specialist Supplements Col Clear B Capsules  
P Specialist Supplements Dietary Fibre Complex Capsules  
D Specialist Supplements Fibre & Full Powder  
P Strigol Lemon Sachets  
NP Strigol Orange Sachets

## **COUGHS & COLDS**

NP A Vogel Bronchoforce Chesty Cough Drops  
NP A Vogel Bronchosan Pine Cough Syrup  
NP A Vogel Cough Spray for Kids  
NP A Vogel Echinacea Lozenges  
NP A Vogel Echinaforce Cold & Flu Chewable  
NP A Vogel Echinaforce Cold & Flu Hot Drink  
NP A Vogel Echinaforce Drops  
D A Vogel Echinaforce Forte Cold & Flu Tablets  
D A Vogel Echinaforce Tablets  
NP A Vogel Plantago Drops  
NP A Vogel Po Ho Oil  
NP Actifed Multiaction Dry Coughs Syrup  
P Actifed Multiaction Tablets  
NP ASDA Max Cold & Flu Relief Blackcurrant Sachets  
NP ASDA Max Cold & Flu Relief Lemon Sachets  
NP Beechams All in One Liquid  
P Beechams All in One Tablets  
NP Beechams Breathe Clear Hot Honey & Lemon Menthol Sachets  
NP Beechams Cold & Flu Hot Blackcurrant Sachets  
NP Beechams Cold & Flu Hot Lemon & Honey Sachets  
P Beechams Flu Plus Caplets  
NP Beechams Flu Plus Hot Lemon Sachets  
NP Beechams Powders Sachets  
NP Bell's Healthcare Chesty Cough Solution  
NP Bell's Healthcare Children's Cough Relief Solution  
NP Bell's Healthcare Cough Linctus  
NP Bell's Healthcare Dry Tickly Cough Solution  
NP Bell's Healthcare Dual Action Chesty Cough Solution  
NP Bell's Healthcare Dual Action Dry Cough Solution  
NP Bell's Healthcare Mentholated Bronchial Balsam  
NP Bell's Healthcare Mucus Cough Solution  
NP Bell's Healthcare Paediatric Simple Linctus  
NP Bell's Healthcare Simple Linctus  
NP Bell's Healthcare Triple Action Cough Solution  
P Benylin 4Flu Tablets  
P Benylin Chesty Cough & Cold Tablets  
NP Benylin Chesty Coughs Non Drowsy Syrup  
NP Benylin Chesty Coughs Original Syrup  
NP Benylin Children's Chesty Coughs Syrup  
NP Benylin Children's Dry Cough & Sore Throat Syrup  
NP Benylin Children's Night Coughs Syrup  
P Benylin Day & Night Tablets

NP Benylin Dry & Tickly Cough Syrup  
NP Benylin Dry Coughs Night Syrup  
NP Benylin Dry Coughs Syrup  
NP Benylin Infants Cough Syrup  
NP Benylin Mucus All in One Relief Tablets  
NP Benylin Mucus Cough Decongestant Syrup  
NP Benylin Mucus Cough Max Honey & Lemon Syrup  
NP Benylin Mucus Cough Max Menthol Syrup  
NP Benylin Mucus Cough Night Syrup  
NP Boots Catarrh Pastilles  
NP Boots Cold & Flu Relief Max Strength Lemon Sachets  
NP Boots Cold & Flu Ultra All in One Lemon & Menthol Sachets  
P Boots Decongestant Tablets  
NP Boots Easy Breathing Pastilles  
NP Bronchostop Junior Syrup  
NP Buttercup Bronchostop Pastilles  
NP Buttercup Bronchostop Syrup  
NP Buttercup Original Cough Syrup  
NP Calcough Children's Syrup  
NP Calcough Infant Syrup  
NP Care+ Decongestant Solution  
NP Care+ Simple Linctus  
NP Care+ Simple Linctus Sugar Free  
NP Covonia Catarrh Relief Syrup  
NP Covonia Chesty Cough Mixture  
NP Covonia Chesty Cough Sugar Free Syrup  
NP Covonia Cold & Flu Sugar Free Syrup  
NP Covonia Double Impact Berry Blast Lozenges  
NP Covonia Double Impact Original Lozenges  
NP Covonia Double Impact Sugar Free Lozenges  
NP Covonia Dry & Tickly Cough Linctus  
NP Covonia Dry Cough Sugar Free Syrup  
NP Covonia Mucus Cough Solution  
NP Covonia Night Time Syrup  
NP Covonia Original Bronchial Balsam Linctus  
NP Day Nurse Liquid  
NP Galpseud Linctus  
NP Galpseud Plus Linctus  
P Galpseud Tablets  
NP Lemsip Chesty Cough Syrup  
NP Lemsip Cold & Flu Blackcurrant Sachets  
NP Lemsip Cold & Flu Lemon Sachets  
NP Lemsip Cough Dry Cough & Sore Throat Solution  
NP Lemsip Cough Max Chesty Cough & Cold Lemon & Menthol Sachets  
NP Lemsip Cough Max Mucus Cough & Cold Lemon Sachets  
NP Lemsip Max All in One Lemon Sachets  
NP Lemsip Max All in One Liquid  
NP Lemsip Max All in One Wild Berry & Hot Orange Sachets  
NP Lemsip Max Cold & Flu Blackcurrant Sachets  
NP Lemsip Max Cold & Flu Lemon Sachets



NP Lemsip Max Honey & Ginger Sachets  
NP Lemsip Mucus Cough Syrup  
NP Night Nurse Liquid  
P Nurofen Cold & Flu Relief Tablets  
P Nurofen Cold & Flu Tablets  
NP Olbas Menthol Pastilles  
NP Potter's Chesty Cough Pastilles  
NP Potter's Mucus Cough Pastilles  
NP Robitussin Chesty Cough Syrup  
NP Robitussin Dry Cough Syrup  
NP Robitussin Mucus Cough & Congestion Relief Syrup  
NP Simple Linctus  
NP Simple Paediatric Linctus  
P Sinutab  
NP Stodal Honey Syrup  
NP Sudafed Decongestant Liquid  
P Sudafed Decongestant Tablets  
P Sudafed Mucus Relief Triple Action Cold & Flu Tablets  
NP Sudafed Sinus Pain Relief Tablets  
P Sudafed Sinus Pressure & Pain Tablets  
NP Tesco Dry Tickly Cough Syrup  
NP Tesco Max Cold & Flu Relief Blackcurrant Sachets  
NP Tesco Max Cold & Flu Relief Lemon Sachets  
NP Tesco Max Echinacea Cold & Flu Relief Tablets  
NP Tixylix Baby Syrup  
NP Tixylix Blackcurrant Syrup  
NP Tixylix Chesty Cough Syrup  
NP Tixylix Dry Cough Syrup  
NP Tixylix Night Cough Syrup  
NP Tixylix Toddler Syrup  
NK Unichem Cough Syrup  
NP Unicough Solution  
NP Uniflu Tablets  
NP Veno's Chesty Coughs Expectorant  
NP Veno's Dry Coughs Mixture  
NP Veno's Tickly Coughs Honey & Lemon Syrup  
NP Vicks Cough Honey Syrup  
NK Vicks Medinite Syrup  
NP Vitabiotics Echinacea Tablets  
NK Zubes Lozenges

## **CYSTITIS**

P A Vogel Cranberry Complex Tablets  
P Bladapure Powder  
NP Boots Cystitis Relief Cranberry Sachets  
NP CanesOasis Sachets  
P Cranmed Forte Cranberry Capsules  
NP Cymalon Sachets  
P Cysticare Tablets  
NP Cystocalm Sachets

NP Cystopurin Sachets  
NP Cytoplan D Mannose Plus Powder  
NP Effercitrate Effervescent  
P Now D Mannose Capsules  
P Now D Mannose Powder  
NP Potassium Citrate Mixture  
P Power Health D Mannose Tablets  
P Pure Encapsulations Cranberry NS Capsules  
P Pure Encapsulations D Mannose Capsules

## **DENTURE PRODUCTS**

P Boots Denture Cleansing Tablets Extra Strength  
P Boots Denture Cleansing Tablets Original  
P Dentomycin Gel  
P Dentu Creme  
P Dentural Cleaner Solution  
P Fixodent Fresh Cream  
P Fixodent Hygiene Cream  
P Fixodent Neutral Cream  
P Fixodent Original Cream  
P Fixodent Plus 0% Cream  
P Fixodent Plus Dual Power Cream  
P Fixodent Plus Dual Protection Cream  
P Fixodent Plus Food Seal Cream  
P Fixodent Professional Cream  
P Polident Cream  
P Poligrip Flavour Free Cream  
P Poligrip Gum Care Cream  
P Poligrip Total Care Tablets  
P Poligrip Ultra 3 Min Tablets  
P Poligrip Ultra Cream  
P Seabond Denture Fixative Seals  
P Steradent Active Fresh Tablets  
P Steradent Active Plus Tablets  
NP Steradent Pro 3 in 1 Tablets  
P Steradent Pro White Tablets  
P Ultra Corega Powder  
P Wernets Super Powder  
P Wernets Ultra Powder

## **DIARRHOEA**

P Boots Diarrhoea Relief Capsules  
NP Boots Rehydration Treatment Sachets  
NP Care+ Kaolin & Morphine Mixture  
P Diocalm Ultra Capsules  
NP Dioralyte Blackcurrant Sachets  
NP Dioralyte Citrus Sachets  
NP Dioralyte Natural Sachets  
NP Dioralyte Relief Blackcurrant Sachets  
NP Dioralyte Relief Raspberry Sachets

P Enterosgel Sachets  
P Enterosgel Tube  
NK Galpharm Diarrhoea Relief Instants Orodispersible  
P Imodium Classic Capsules  
P Imodium IBS Relief Capsules  
NK Imodium Instant Melts  
NK Imodium Instants  
P Imodium Original Capsules  
NP Imodium Plus Caplets  
NP Imodium Plus Comfort Tablets  
NP ORS Hydration Blackcurrant Tablets  
NP ORS Hydration Lemon Tablets  
NP ORS Hydration Orange Tablets  
NP ORS Hydration Strawberry Tablets

### **EYE HEALTH**

P A Vogel Vision Complex Tablets  
P MacuShield Original Formula Vegetarian Capsules

### **FEMALE HEALTH**

P A Vogel Menopause Support Tablets  
P Aqua Ban Tablets  
D Garden of Life Once Daily Women's Capsules  
P Lamberts Fema 45+ Tablets  
P Lamberts Soya Isoflavones Tablets

### **FOLIC ACID**

P Folic Acid Tablets  
P Lamberts Folic Acid Tablets  
P Pure Encapsulations Folic Acid Capsules  
P Tesco Health Folic Acid Tablets

### **GLUCOSE TABLETS, GEL & SOLUTION**

NP Dextro Energy Drinks  
NP Dextro Energy Tablets  
NP DextroGel  
NP Glucogel  
P Glucose15 Lemon Gel  
NP Lift Fast Acting Glucose Chews  
NP Lift Fast Acting Glucose Shots  
NP RapiLOSE OGTT Solution

### **HAYFEVER & ALLERGIES**

NP A Vogel Luffa Complex Drops  
NP A Vogel Pollinosan Tablets  
NP Allerief Solution  
NP Benadryl Allergy Children's 2+ Solution  
NP Benadryl Allergy Children's 6+ Solution  
P Benadryl Allergy One a Day Tablets  
P Boots Allergy Relief Tablets

P Boots Hayfever & Allergy Relief One a Day Tablets  
P Boots Hayfever & Allergy Relief Tablets  
NP Cetirizine Cipla Solution  
NP Cetirizine Pinewood Solution

P Cetirizine Tablets  
*Includes Hydrochloride and Dihydrochloride.*

NP Chlorphenamine Syrup  
P Chlorphenamine Tablets  
NP Clarityn Allergy Syrup  
P Clarityn Allergy Tablets  
P Haymine Tablets  
NP Loratadine Solution  
P Loratadine Tablets  
NP Phenergan Elixir  
P Phenergan Tablets  
NP Piriteze Allergy Syrup  
P Piriteze Allergy Tablets  
P Piriton Allergy Tablets  
P Piriton Syrup  
P Tavegil Tablets  
NP Zirtek Allergy Relief Children Solution  
P Zirtek Tablets

## **HEART & CIRCULATION**

D A Vogel Ginkgo Biloba Tablets  
P A Vogel Venaforce Tablets  
P Cytoplan Organic Garlic Capsules  
P Jan De Vries Hawthorn Garlic Capsules  
P Solgar Rutin Tablets  
P Vitabiotics Cardioace Original Tablets

## **HOMEOPATHIC REMEDIES**

*Due to the large number of homeopathic preparations on the market it is impossible to list individual items. If you are receiving homeopathic treatment from a practitioner you should ask them from which company they obtain their remedies. If the company is not listed below, please contact us for advice.*

### **HOMEOPATHIC TABLETS & GRANULES**

*Tablets and granules don't generally present a problem, but some are formulated with lactose which is Dairy. Such preparations should not be used together with or after meat. The following companies have been checked:*

*P Goulds Solid\**  
*D Nelsons Solid*  
*NP Weleda Solid*

## **HOMEOPATHIC LIQUIDS**

*These are often formulated with ethyl alcohol. This can be derived from wheat and should be avoided unless the source of alcohol has been verified. The following companies have been checked:*

*P Ainsworths Liquid (excluding Bach Remedies which contain brandy)*

*P Goulds Liquid\**

*NP Nelsons Liquid*

*NP Weleda Liquid*

*\*Available from Goulds Homeopathic Chemist, Churchill House, 137-139 Brent Street NW4 4DJ*

*Tel: 020 8457 2750 or 020 8457 2753*

*Email: [goulds@btconnect.com](mailto:goulds@btconnect.com), [www.gouldshomeopathic.com](http://www.gouldshomeopathic.com)*

## **HOSPITAL MEALS**

*Kosher meals supplied by HKMS (Hospital Kosher Meals Service) under KLBD supervision, are available in all NHS hospitals and nursing homes within the M25. Patients should request kosher meals from the ward and these should be in stock. If there are any problems, HKMS can be contacted directly on their 24/6 number 020 8075 1270 or email [info@hkms.org.uk](mailto:info@hkms.org.uk). Patients admitted to hospitals in the private sector should speak to the Catering Manager, who should be able to provide kosher meals. If meals are not available please contact HKMS. For further details see [www.hkms.org.uk](http://www.hkms.org.uk).*

*During Pesach, hospitals have Kosher l'Pesach meals in stock, which are clearly marked 'Kosher For Passover'. In the case of a query, in the first instance contact the Catering Manager of the hospital. For further assistance, contact the HKMS helpline 020 8075 1270.*

## **IMMUNE SUPPORT**

P A Vogel Immune Support Tablets

P Pure Encapsulations NAC Capsules

## **INDIGESTION & ULCERS**

P Acidex Compound Suspension

P Acidex Suspension

NP Alka Seltzer Original Tablets

NP Alka Seltzer XS Tablets

P Altacite Plus Suspension

P Alu Cap Capsules

NP Andrews Original Salts

NP Antepsin Suspension

P Antepsin Tablets

NP Benefiber Powder

P Bisodol Indigestion Relief Peppermint Tablets

P Boots Acid Reflux Tablets

NP Boots Health Salts Effervescent

P Boots Heartburn Relief Aniseed Suspension

P Boots Heartburn Relief Peppermint Suspension

P Boots Heartburn Relief Tablets

P Boots IBS Relief Tablets

P Boots Indigestion Relief Peppermint Tablets

NP Boots Wind Relief Tablets

NK Braggs Charcoal Biscuits

P Braggs Charcoal Tablets

P Buscopan Cramps Tablets

P Buscopan IBS Relief Tablets

P	Gavilast Tablets
P	Gaviscon Advance Aniseed Liquid
NP	Gaviscon Advance Mint Chewable
P	Gaviscon Advance Peppermint Liquid
P	Gaviscon Cool Liquid
P	Gaviscon Double Action Aniseed Liquid
P	Gaviscon Double Action Mint Liquid
P	Gaviscon Double Action Mint Liquid Sachets
NP	Gaviscon Double Action Mint Tablets
NP	Gaviscon Double Action Mixed Berries Chewable
P	Gaviscon Mint Liquid Sachets
P	Gaviscon Original Aniseed Liquid
NP	Gaviscon Peppermint Chewable
P	Gaviscon Peppermint Liquid
NP	Gaviscon Strawberry Chewable
NP	Iberogast Liquid
NP	Kolanticon Gel
NP	Maalox Plus Chewable
NP	Maalox Plus Suspension
NP	Maalox Suspension
P	Magnesium Trisilicate Compound Tablets
NP	Magnesium Trisilicate Mixture
P	Magnesium Trisilicate Powder
NP	Merbentyl Syrup
NP	Merbentyl Tablets
NP	Mucogel Suspension
P	Nexium Control Tablets
NP	Pepcid Two Chewable
P	Peptac Aniseed Liquid
P	Peptac Peppermint Liquid
NP	Pepto Bismol Classic Chewable
NP	Pepto Bismol Peppermint Chewable
NP	Pepto Bismol Suspension
NP	Phillips Milk of Magnesia Liquid
NP	Phillips Milk of Magnesia Tablets
NP	Rennie Deflatine Sugar Free Mint Tablets
NP	Rennie Extra Tablets
P	Rennie Heartburn Relief Liquid
NP	Rennie Ice Tablets
NP	Rennie Orange Tablets
NP	Rennie Peppermint Tablets
NP	Rennie Spearmint Tablets
NP	Rennie Sugar Free Tablets
NP	Setlers Antacid Peppermint Chewable
NP	Setlers Antacid Spearmint Chewable
NP	Silicolgel
P	Sodium Bicarbonate Teva Capsules
NP	Tesco Indigestion Fruit Flavoured Tablets
NP	Tesco Indigestion Peppermint Tablets
P	Zanprol Tablets

## INFANT COLIC & REFLUX

P	Colic Calm Liquid
P	Colief Infant Drops
P	Cow & Gate Instant Carobel Powder
P	Dentinolx Infant Colic Drops
NP	Gaviscon Infant Sachets

*One can use 2ml of Gaviscon Adult Liquid, added to the feed or on its own in place of one sachet.*

P	Infacol Drops
NP	Woodwards Gripe Water

## IRON SUPPLEMENTS

NP	Active Iron & B Complex Plus For Men
NP	Active Iron & B Complex Plus For Women
NP	Active Iron Capsules
P	Cytoplan Wholefood Iron Capsules
NP	Feroglobin Liquid
NK	Ferrobine Complex Liquid
NP	Ferrograd C Tablets
P	Ferrograd Folic Tablets
P	Ferrograd Tablets
P	Ferrous Fumarate Tablets
P	Ferrous Gluconate Tablets
NP	Ferrous Sulphate Tablets
P	Fersaday Tablets
NP	Fersamal Syrup
P	Fersamal Tablets
NK	Floradix Liquid
NP	Floradix Tablets
NP	Galfer Syrup
NP	Ironorm Drops
P	Natures Plus Hema Plex Capsules
P	Natures Plus Hema Plex Tablets
NP	Niferex Elixir
NP	SodiFer Solution
NP	Sodium Feredetate Solution
P	Solgar Gentle Iron Capsules
NP	Spatone Iron Apple & Vitamin C Sachets
P	Spatone Iron Sachets
NP	Sytron Syrup

## LIP CARE

NP	A Vogel Biopropolis Ointment
NP	Blistex Intensive Moisturiser
P	Blistex Relief Cream
P	Burt's Bees Beeswax Lip Balm
P	Burt's Bees Honey Lip Balm
P	Burt's Bees Matcha & Honey Lip Balm

P Carmex Lip Balm  
*Cherry, Classic, Lime Twist, Mint, Peach & Mango Burst, Pineapple Mint, Pomegranate, Strawberry, Vanilla and Watermelon.*

P Carmex Moisture Plus  
*Berry, Clear, Peach and Pink.*

P Chapstick  
*Apple, Cherry, Medicated, Original and Strawberry.*

P Cymex Cream

NP Labello Lip Care

P Lypsyl Cold Sore Gel

P Lypsyl Lip Balm

P Nivea Hydro Care

NP Nivea Lip Butter

P Nivea Men Active Care

P Nivea Milk & Honey

P Nivea Original Care

P Nivea Pearly Shine

P Nivea Soft Rose

P Nivea Soothe & Protect

P Nivea SOS

P Nivea Sun Protect

NP Numark Lip Balm

P O'Keeffe's Lip Repair Overnight Balm

P Vaseline Lip Therapy Original

*Includes Tins and Balm Sticks. Other varieties are not suitable for Pesach.*

P Vaseline Petroleum Jelly

## **MALE HEALTH**

D Garden of Life Once Daily Men's Capsules

P Pure Encapsulations SP Ultimate Capsules

P Viridian Saw Palmetto Berry Capsules

## **MIGRAINE**

P Clotam Rapid Tablets

P Imigran Radis Tablets

P Imigran Tablets

NK Maxalt Melt Tablets

P Maxalt Tablets

P Midrid Capsules

P Migard Tablets

NP Migramax Sachets

NP Migril Tablets

P Naramig Tablets

P Naratriptan Tablets

P Sumatriptan Tablets

NP Zolmitriptan Actavis Orodispersible



NP Zomig Rapimelt Orodispersible  
P Zomig Tablets

### **MOUTH CONDITIONS**

NP Aloclair Plus Gel  
NP Aloclair Plus Mouthwash  
NP Aloclair Plus Spray  
NP Anbesol Adult Strength Gel  
NP Anbesol Liquid  
NK AS Saliva Orthana Mild Mint Lozenges  
NK AS Saliva Orthana Spray  
NP Bonjela Complete Plus Gel  
NP Bonjela Cool Mint Gel  
NP Bonjela Gel  
NP Bonjela Junior Gel  
NP Boots Fast Relief Mouth Ulcer Gel  
NP Boots Mouth Ulcer Gel  
NP Boots Mouth Ulcer Pastilles  
P Care+ Clove Oil  
P Corsodyl Dental Gel  
P Daktarin Oral Gel  
NP Frador Liquid  
P Gelclair Gel  
NP Gengigel Gingival Gel  
NP Gengigel Mouthrinse  
P Hydrocortisone Muco Adhesive Buccal Tablets  
NP Iglu Sugar Free Pastilles  
NP Medijel Gel  
NP Orajel Dental Gel  
NP Orajel Extra Strength Gel  
NP Orajel Mouth Gel  
NP Oralieve Moisturising Mouth Gel  
NP Oralieve Moisturising Mouth Spray  
P Oralmedic Sticks  
P Periochip  
NP Pyralvex Solution  
NP Salivix Pastilles

### **MULTIVITAMINS & MINERALS**

*Many supplements used to be derived from wheat sources. This is less common now, especially in solid dose preparations. Most do contain Kitniyot however and therefore should only be used in cases of necessity.*

NP A Vogel Balance Mineral Drink  
NP Berocca Blackcurrant Effervescent  
NP Berocca Boost Effervescent  
NK Berocca Immuno Effervescent  
NP Berocca Mango Effervescent  
NP Berocca Mixed Berries Effervescent  
NP Berocca Orange Effervescent  
NP Berocca Tablets

P Bio Health Fenugreek Seed Capsules  
 P Boots Magnesium Tablets  
 NP Cytoplan Biovital Powder  
 P Cytoplan Choline Bitartrate Powder  
 P Cytoplan Foundation Formula 1 Capsules  
 P Cytoplan Multi 50 Plus Capsules  
 P Cytoplan Multi B Extra Tablets  
 NP Detoxil Tablets  
 NP Forceval Soluble  
 P FSC Bilberry Tablets  
 NP Ketovite Liquid  
 P Lamberts Magasorb Tablets  
 P Lamberts Multi Guard Tablets  
 NP Metatone Tonic Original  
 NK Multibionta 50+ Tablets  
 NK Multibionta Vitality Tablets  
 NP Natures Aid Red Yeast Rice Capsules  
 NK Natures Plus Adults Multi Vitamins Chewable  
 NP Natures Plus Hema Plex Chewables  
 NP Orovite Tablets  
 P Phosphate Sandoz Effervescent  
 P ProThera Berberine Capsules  
 D Proven Probiotics 50+ A-Z Multi Acidophilus Bifidus Capsules  
 D Proven Probiotics A-Z Multi Acidophilus Bifidus CoQ10 Capsules  
 P Pure Encapsulations Magnesium Citrate Capsules  
 P Pure Encapsulations Multi T D Capsules  
 P Pure Encapsulations Optiferrin C Capsules  
 P Pure Encapsulations Pure Heart K2D Capsules  
 P Pure Encapsulations Uric Acid Formula Capsules  
 P Pure Encapsulations Zinc Capsules  
 NP Qi Ribose Capsules  
 NP Redoxon Triple Action Orange Effervescent  
 NP Sanatogen A-Z Complete Tablets  
 NP Sanatogen Vital 50+ Body & Mind Tablets  
 NP Sanatogen Vital 50+ Tablets  
 NP Seven Seas Complete Multivitamins Adult Tablets  
 NP Solvazinc Tablets  
 P Specialist Supplements Acai Immuno Defence Capsules  
 P Swansons Chanca Piedra Capsules  
 NP Synaptol Sublingual Tablets  
 P Vitamins 4 You Multicare Capsules

*Tel: 0161 792 0398. Email: info@vitamins4you.co.uk.*

NP Wassen Selenium Ace Tablets  
 P Zahler Vitamins

*Tel: 020 7112 5200.*

## **NASAL SPRAYS**

*Many of these contain glucose which could be derived from chametz sources. Where prescribed and urgently required, however, they may be used, as they are inedible and not taken by mouth. The products listed are known to be free of glucose.*

P	Dymista
P	Flixonase
P	Mometasone
P	Pirinase
P	Pollinosan
P	Rhinolast
P	Rinatec
P	Sterimar Baby Breathe Easy
P	Sterimar Baby Stop & Protect Cold
P	Sterimar Breathe Easy Daily
P	Sterimar Cold Defence
P	Sterimar Congestion Relief
P	Sterimar Hayfever & Allergy Relief
P	Sterimar Kids Congestion Relief
P	Sterimar Stop & Protect Allergy Response
P	Sterimar Stop & Protect Cold & Sinusitis Relief
P	Vicks First Defence
P	Vicks Sinex Micromist
P	Vicks Sinex Soother
P	Vicks Vapo Spray Sea Water

## **NAUSEA & VOMITING**

NP	Avomine Tablets
NP	Boots Travel Calm Tablets
NK	Kwells Kids Tablets
NK	Kwells Tablets
D	Stugeron Tablets

## **NUTRITIONAL SUPPORT**

*In cases of medical need, the products listed here as suitable for Pesach may be used. It should be noted that although they are free of actual chametz, most products contain kitniyot. It is therefore important to use separate utensils for preparing and serving them on Pesach. Flavours such as Strawberry, Raspberry and Fruits of the Forest may contain E120, which is Not Kosher. These should be avoided if alternatives are available.*

D	Alicalm Powder
NP	Amino Acid Mix Complete Powder
NP	Amino Acid Mix Essential Powder
D	Aymes 2.0 Kcal Liquid

*Except Strawberry flavour which contains E120.*

D	Aymes ActaCal Creme
D	Aymes ActaGain 2.4 Complete Maxi Liquid

*Except Strawberry flavour which contains E120.*

D	Aymes ActaJuni Shake Sachets
D	Aymes ActaSolve High Energy Sachets

- D Aymes ActaSolve Protein Compact Sachets
- NK Aymes ActaSolve Savoury Sachets
- P Aymes ActaSolve Smoothie Sachets
- D Aymes Complete Liquid

*Except Strawberry flavour which contains E120.*

- D Aymes Shake Compact Sachets
- D Aymes Shake Fibre Sachets
- NP Aymes Shake Sachets

*Strawberry flavour of the following products should be avoided.*

- D Calogen Extra Liquid
- D Calogen Extra Shots Liquid
- P Calogen Liquid

- NP Complian Banana Sachets
- NK Complian Chicken Soup Sachets
- NP Complian Chocolate Sachets
- NP Complian Original Powder
- NP Complian Sachets
- NP Complian Strawberry Sachets
- NP Complian Vanilla Sachets
- NP Dialamine Powder
- P Duocal Super Soluble Powder
- P Elemental 028 Extra Banana Powder
- P Elemental 028 Extra Grapefruit Liquid
- P Elemental 028 Extra Liquid
- P Elemental 028 Extra Orange & Pineapple Liquid
- P Elemental 028 Extra Orange Powder
- P Elemental 028 Extra Powder
- P Elemental 028 Extra Summer Fruits Liquid
- P Elemental 028 Extra Unflavoured Powder
- P Emsogen Powder
- P Energivit Powder
- D Enshake Banana Sachets
- D Enshake Chocolate Sachets
- D Enshake Sachets
- D Enshake Strawberry Sachets
- D Enshake Vanilla Sachets
- D Ensure Compact Liquid

*Except Strawberry flavour which contains E120.*

- D Ensure Liquid
- D Ensure Max Protein Liquid
- D Ensure Nutrivigor Chocolate Liquid
- P Ensure Nutrivigor Plant Based Almond Powder
- D Ensure Nutrivigor Powder
- D Ensure Plus Commence Liquid

*Except Fruits of the Forest, Peach, Strawberry and Raspberry flavours which contain E120.*

- D Ensure Plus Creme

NP Ensure Plus Fibre Liquid

D Ensure Plus Juice

*Except Strawberry flavour which contains E120.*

D Ensure Plus Liquid

*Except Fruits of the Forest, Peach, Strawberry and Raspberry flavours which contain E120.*

NK Ensure Plus Savoury Liquid

NK Ensure Plus Yoghurt Style

D Ensure Shake Sachets

D Ensure Two Cal Liquid

*Except Strawberry flavour which contains E120.*

D Forticare Liquid

*Except Peach & Ginger flavour which contains E120.*

NP Forticreme Complete Dessert

D Fortijuice Liquid

D Fortimel Liquid

NP Fortini 1.0 Multi Fibre Banana Liquid

NP Fortini 1.0 Multi Fibre Chocolate Liquid

NP Fortini 1.0 Multi Fibre Liquid

NP Fortini 1.0 Multi Fibre Strawberry Liquid

NP Fortini 1.0 Multi Fibre Vanilla Liquid

NP Fortini Compact Multi Fibre Liquid

NP Fortini Compact Multi Fibre Neutral Liquid

NP Fortini Compact Multi Fibre Strawberry Liquid

D Fortini Creamy Fruit Berry Yoghurt

D Fortini Creamy Fruit Summer Yoghurt

D Fortini Creamy Yoghurt

D Fortini Liquid

D Fortini Strawberry Liquid

D Fortini Vanilla Liquid

D Fortisip 2Kcal Liquid

*Except Chocolate & Caramel, Forest Fruit and Strawberry flavours which contain E120.*

NP Fortisip Compact Fibre Liquid

D Fortisip Compact Liquid

*Except Apricot, Forest Fruit and Strawberry flavours which contain E120.*

D Fortisip Compact Protein Liquid

*Except Berries, Cool Red Fruits, Peach & Mango and Strawberry flavours which contain E120.*

D Fortisip Extra Liquid

*Except Strawberry flavour which contains E120.*

D Fortisip Liquid

*Except Orange, Strawberry and Tropical flavours which contain E120.*

D Fortisip Yogurt Style  
*Except Peach & Orange and Raspberry flavours which contain E120.*

NP Frebini Energy Drink  
NP Frebini Energy Fibre Drink  
NP Fresubin 2Kcal Drink  
NP Fresubin Creme Dessert  
NP Fresubin Energy Drink  
NP Fresubin Energy Fibre Drink  
NP Fresubin Original Drink  
NP Fresubin Protein Energy Drink  
NP Fresubin Shot Liquid  
NP Fresubin Thickened Liquid  
D Generaid Plus Powder  
NK HCU Lophlex 10 Liquid  
NK HCU Lophlex 20 Liquid  
NP Hormel Thick & Easy Clear  
P Hormel Thick & Easy Powder  
D Jevity 1.5Kcal Liquid  
D Jevity Liquid  
D Jevity Plus HP Liquid  
D Jevity Plus Liquid  
D Jevity Promote Liquid  
D Ketocal 4:1 Powder  
D Ketocal Liquid  
NP Ketocal Multi Fibre 4:1 Liquid  
P Liquigen Liquid  
P Maxijul Super Soluble Powder  
NP Modulen IBD Powder  
D Monogen Powder  
NK MSUD Lophlex 10 Liquid  
NK MSUD Lophlex 20 Liquid  
P Multi Thick Powder  
D Nepro HP Liquid

*Except Strawberry flavour which contains E120.*

NP Nualtra Altrajuce Liquid  
NP Nualtra Altraplen Compact Daily Liquid  
NP Nualtra Altraplen Compact Liquid  
NP Nualtra Altraplen Protein Liquid  
NP Nualtra Altrashot Liquid  
NP Nualtra Foodlink Complete Compact Powder  
NP Nualtra Foodlink Complete Fibre Powder  
NP Nualtra Foodlink Complete Powder  
NP Nutilis Clear Powder

*Strawberry flavour of the following products should be avoided.*

D Nutilis Complete Level 3 Creme  
D Nutilis Complete Level 3 Liquid  
D Nutilis Fruit Level 4 Dessert

NP	Nutilis Powder
NP	Nutricia L Isoleucine Powder
P	Nutricia MCT Oil Liquid
NK	Nutricia PKU Lophlex 10 Liquid
NK	Nutricia PKU Lophlex 20 Liquid
P	Nutricia Pre Op Liquid
D	Nutrini Energy Liquid
NP	Nutrini Energy Multi Fibre Liquid
D	Nutrini Liquid
NP	Nutrini Low Energy Multi Fibre Liquid
NP	Nutrini Multi Fibre Liquid
D	Nutrini Peptisorb Energy Liquid
D	Nutrini Peptisorb Liquid
D	Nutrison 1000 Complete Multi Fibre Liquid
D	Nutrison 1200 Complete Multi Fibre Liquid
NP	Nutrison 800 Complete Multi Fibre Liquid
D	Nutrison Concentrated Liquid
D	Nutrison Energy Liquid
NP	Nutrison Energy Multifibre Liquid
D	Nutrison Liquid
D	Nutrison Low Sodium Liquid
D	Nutrison MCT Oil Liquid
NP	Nutrison Multifibre Liquid
D	Nutrison Peptisorb Liquid
D	Nutrison Peptisorb Plus HEHP Liquid
D	Nutrison Protein Advance Liquid
D	Nutrison Protein Intense Liquid
D	Nutrison Protein Plus Liquid
NP	Nutrison Protein Plus Multifibre Liquid
P	Nutrison Soya Liquid
NP	Nutrison Soya Multi Fibre Liquid
P	Nutrison Sterile Water
D	Osmolite 1.5kcal Liquid
D	Osmolite Liquid
D	Osmolite Plus HP Liquid
D	Osmolite Plus Liquid
D	Oxepa Liquid
D	Paediasure Compact Liquid
NP	Paediasure Fibre Liquid
NP	Paediasure Peptide Liquid
NP	Paediasure Plus Fibre Liquid
NP	Paediasure Plus Juce Liquid
D	Paediasure Plus Liquid
D	Paediasure Shake Liquid
D	Paediasure Shake Powder
P	Paediatric Seravit Powder
P	Pectigel Powder
NP	Peptamen AF Liquid
D	Peptamen HN Liquid
NP	Peptamen Junior Advance Liquid

NP Peptamen Junior Liquid  
D Peptamen Junior Powder  
D Peptamen Unflavoured Liquid  
D Peptamen Vanilla Cup Liquid  
D Perative Liquid  
NK PKU Lophlex Sensations Sachets  
NP Polycal Liquid  
NP Polycal Powder  
NP Pro Cal Sachets  
NP Pro Cal Shots  
NK Prosource Sachets  
D ProSure Powder  
D Protifar Powder  
D Pulmocare Liquid  
NP Reconvan Liquid  
D Renilon 7.5 Liquid

*Except Apricot flavour which contains E120.*

NP Resource 2.0 Fibre Liquid  
NP Resource Energy Liquid  
NP Resource Junior Liquid  
NP Resource Thicken Up Clear Powder  
NP Resource Thicken Up Clear Sachets  
P Resource Thicken Up Powder  
NP Resource Thickened Drink  
D Scandishake Mix Sachets  
NK SHS PKU Lophlex 10 Liquid  
NK SHS PKU Lophlex 20 Liquid  
D Souvenaid Liquid  
D Suplena Liquid  
D Supportan Drink  
D Survimed OPD Drink  
D Tentrini Energy Liquid  
NP Tentrini Energy Multifibre Liquid  
D Tentrini Liquid  
NP Tentrini Multifibre Liquid  
NP Thixo D Original Powder  
D Two Cal Liquid  
NK TYR Lophlex 20 Liquid  
P Vita Quick Powder  
NP Vitaflo Valine Powder  
P Vitajoule Powder  
D Vital 1.5 Kcal Liquid

*Except Mixed Berry flavour which contains E120.*

NP Vitapro Powder  
NK Vitasavoury Powder  
P XP Maxamaid Powder



## OMEGA OILS FISH

*None are suitable for Pesach.*

## OMEGA OILS VEGAN & ESSENTIAL FATTY ACIDS

- P Cytoplan Omega Balance Capsules
- P Holland & Barrett Vegetarian Flaxseed Oil Capsules

## ORAL HYGIENE

*Any waxed or unwaxed unflavoured dental floss is permitted. See also TOOTHPASTE.*

- NP Corsodyl Original Mouthwash
- P Hydrogen Peroxide Solution
- NP Listerine
- P Reach Dental Floss Unflavoured
- KLBD-P Steins Mouthwash

*Available from kosher shops.*

- P The Breath Co Fresh Breath Mild Mint Rinse
- NP The Breath Co Fresh Breath Icy Mint Rinse
- S-P Zohar Mouthwash

## PAIN KILLERS

*All pain killers in tablet form are permitted. Soluble tablets should be avoided, as they may contain ingredients derived from wheat.*

- P Anadin Extra Caplets
- NP Anadin Extra Soluble
- P Anadin Ibuprofen Tablets
- P Anadin Joint Pain Tablets
- P Anadin Original Caplets
- P Anadin Paracetamol Tablets
- P Aspar Aspirin Dispersible Tablets
- P Aspar Paracetamol Powder
- P Aspirin & Codeine Tablets
- P Aspirin Dispersible Tablets
- NP Aspirin Soluble
- P Aspirin Tablets
- NP Boots Aspirin & Codeine Soluble
- P Boots Aspirin & Codeine Tablets
- P Boots Aspirin Dispersible Tablets
- P Boots Aspirin Extra Tablets
- NP Boots Clear Dispersible Pain Relief Tablets
- NP Boots Headache & Indigestion Tablets
- NP Boots Headache & Upset Stomach Relief Sachets
- P Boots Ibuprofen & Codeine Tablets
- P Boots Ibuprofen Caplets
- P Boots Migraine Relief Tablets
- P Boots Pain Relief Tablets
- NP Boots Paracetamol & Codeine Effervescent
- P Boots Paracetamol Extra Tablets
- P Boots Period Pain Relief Tablets
- P Boots Rapid Ibuprofen Lysine Tablets

P Boots Tension Headache Tablets  
NP Brufen Granules  
NP Brufen Retard Tablets  
NP Brufen Syrup  
P Brufen Tablets  
P Careway Paracetamol Powder  
NP Co Codamol Effervescent  
P Co Codamol Tablets  
NP Codis Tablets  
NP Crampex Tablets  
P Cuprofen Maximum Strength Tablets  
P Disprin Direct Chewable  
P Disprin Tablets  
P Feminax Express Tablets  
P Feminax Ultra Tablets  
P Feverfew Seeds  
P Feverfew Tablets  
P Hedex Extra Tablets  
P Hedex Ibuprofen Tablets  
P Hedex Tablets  
P Ibuprofen Lysine Tablets  
P Ibuprofen Tablets  
P Imigran Recovery Tablets  
P Migraleve Pink Tablets  
P Migraleve Yellow Tablets  
P Nu Seals Aspirin Tablets  
P Nurofen Caplets  
P Nurofen Express Caplets  
P Nurofen Express Tablets 256mg  
NP Nurofen Meltlets Lemon  
NP Nurofen Meltlets Mint  
P Nurofen Migraine Pain Caplets  
P Nurofen Migraine Pain Max Strength Caplets  
P Nurofen Plus Tablets  
P Nurofen Tablets  
P Nurofen Tension Headache Tablets  
P Nuromol Tablets  
NP Panadol Actifast Soluble  
P Panadol Actifast Tablets  
P Panadol Advance Tablets  
P Panadol Extra Advance Tablets  
NP Panadol Extra Soluble  
P Panadol Night Tablets  
P Panadol Period Pain Tablets  
P Panadol Ultra Tablets  
P Paracetamol & Codeine Tablets  
P Paracetamol Plus Caplets  
NP Paracetamol Soluble  
P Paracetamol Tablets  
NP Paracodol Soluble

NP	Paramol Soluble
P	Phensic Tablets
P	Sainsbury's Paracetamol Caplets
NP	Solpadeine Headache Soluble
NP	Solpadeine Max Soluble
P	Solpadeine Max Tablets
NP	Solpadeine Plus Soluble
P	Solpadeine Plus Tablets
P	Tesco Rapid Pain Relief Tablets
P	Veganin Tablets
P	Viridian Organic Feverfew Capsules
NP	Zipamol Plus Effervescent

### **PAIN KILLERS JUNIOR**

*Unfortunately, no kosher l'Pesach junior pain killers are available in the UK. Paracetamol suppositories may be used as an alternative.*

*If a child requires liquid medication, for example Paracetamol or Ibuprofen, it is permitted to give it, even when there is no danger to life. Such medication should be included in the Sale of Chametz but may be used if necessary.*

*Guidance in the previous version of this list regarding the use of Paracetamol Powders could be misleading and should be disregarded.*

### **PREGNANCY & NEW MOTHER**

NP	Active Iron Pregnancy Capsules
P	Cytoplan Pregnaplan Tablets
D	Inofolic Alpha Sachets
NP	NHS Healthy Start Vitamins for Women Tablets
P	Preconceive Tablets
NP	Pregaday Tablets
NP	Pregnacare Before Conception Tablets
NP	Pregnacare Conception His & Her Tablets
NP	Pregnacare Gummies
NP	Pregnacare Liquid
NK	Pregnacare New Mum Tablets
P	Pregnacare Original Tablets
D	Proven Probiotics Lactobacillus Bifidus Pregnancy Capsules
P	Pure Encapsulations Prenatal Capsules
P	Rose Prenatal Advanced Capsules

*Available from Rose Health & Nutrition. Tel: 020 8800 9193.*

NP	Sanatogen Mum To Be Tablets
NP	Seven Seas Pre Conception Tablets
NP	Seven Seas Pregnancy Tablets
P	Vitamins 4 You Maternal Care Capsules

*Tel: 0161 792 0398. Email: [info@vitamins4you.co.uk](mailto:info@vitamins4you.co.uk).*

## PRESCRIPTION ONLY MEDICINES

NP	Abilify Orodispersible
NP	Abilify Solution
P	Abilify Tablets
P	Abiraterone Tablets
P	Acarbose Tablets
P	Accupro Tablets
P	Accuretic Tablets
P	Acetazolamide Tablets
NP	Actidose Suspension
NP	Actiq Lozenges
P	Actonel Tablets
P	Actos Tablets
P	Adalat Tablets
P	Adartrel Tablets
P	Adcirca Tablets
P	Adenuric Tablets
P	Adipine Tablets
P	Adizem Capsules
P	Aldactide Tablets
P	Aldactone Tablets
P	Aldomet Tablets
P	Alendronate Tablets
NP	Alendronic Acid Rosemont Solution
P	Alendronic Acid Tablets
P	Alimemazine Tartrate Tablets
NP	Alimemazine Tartrate Zentiva Syrup
P	Alkeran Tablets
P	Allopurinol Tablets
NP	Almogran Tablets
P	Alogliptin Tablets
P	Alprazolam Tablets
P	Alverine Citrate Capsules
NP	Amantadine Hydrochloride Alliance Syrup
P	Amantadine Hydrochloride Capsules
P	Amaryl Tablets
P	Amias Tablets
NP	Amiloride Rosemont Solution
P	Amiloride Tablets
P	Amiodarone Tablets
P	Amisulpride Tablets
NP	Amitriptyline Rosemont Solution
P	Amitriptyline Tablets
P	Amlodipine Tablets
P	Anastrozole Tablets
P	Androcur Tablets
P	Angitil Capsules
P	Anquil Tablets
P	Apercap Capsules
P	Apixaban Tablets

- P Aprovel Tablets
- P Arava Tablets
- P Arcoxia Tablets
- P Aricept Tablets
- P Arimidex Tablets
- P Aripiprazole Tablets
- P Aromasin Tablets
- P Artane Tablets
- P Arthrotec Tablets
- P Arythmol Tablets
- P Asacol Tablets
- P Atenolol Tablets
- P Atomoxetine Capsules
- P Atorvastatin Tablets

*It is preferable to avoid AmaroX, Aurobindo and Teva brands for Pesach if other brands are available. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

- P Avloclor Tablets
- P Avodart Capsules
- NP Azathioprine Suspension
- P Azathioprine Tablets
- P Azilect Tablets
- P Azithromycin Tablets
- P Baclofen Tablets
- P Bambec Tablets
- NP Baraclude Suspension
- P Baraclude Tablets
- NP Bell's Healthcare Codeine Linctus
- P Bendroflumethiazide Tablets
- P Benzhexol Tablets
- P Besavar XL Tablets
- P Betahistine Tablets

*If possible, Flamingo and Tillomed brands of Betahistine Tablets should be used in preference to Aurobindo and Mylan brands. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

- P Betamethasone Soluble
- P Betmiga Tablets
- P Betnelan Tablets
- P Betnesol Soluble
- P Bexarotene Capsules
- P Bezafibrate Tablets
- P Bezalip Mono Tablets
- P Bezalip Tablets
- P Bilastine Tablets
- NP Biorphen Liquid
- P Bisoprolol Tablets
- P Bondronat Tablets
- P Bonefos Capsules
- P Bonefos Tablets

P Bonviva Tablets  
P Bosentan Tablets  
P Bramox Tablets  
P Brevinor Tablets  
P Brilique Tablets  
P Brintellix Tablets  
P BritloFex Tablets  
P Bromocriptine Capsules  
P Bromocriptine Tablets  
P Buccastem Tablets  
P Buccolam Oromucosal Solution  
P Budenofalk Capsules  
P Bumetanide Tablets  
NP Buprenorphine Sublingual Tablets  
P Buscopan Tablets  
P Calciferol Drops  
P Calcium Folate Tablets  
P Calcium Leucovorin Tablets  
P Calcium Resonium Powder  
P Calcort Tablets  
P Camcolit Tablets  
P Campral EC Tablets  
P Canagliflozin Tablets  
P Candesartan Tablets  
P Cantil Tablets  
P Capecitabine Tablets  
P Captopril Tablets  
P Carbamazapine Suspension  
P Carbamazapine Tablets  
P Carbimazole Tablets  
P Cardene SR Tablets  
P Cardene Tablets  
P Cardicor Tablets  
P Cardioplen XL Tablets  
P Cardura Tablets  
P Cardura XL Tablets  
NP Carnitor Solution  
P Carvedilol Tablets  
P Casodex Tablets  
P Catapres Tablets  
P Caved-S Tablets  
P Cedocard Tablets  
P Celebrex Capsules  
P Celecoxib Tablets  
NP Celectol Tablets  
P Celiprolol Tablets  
P Cellcept Capsules  
NP Cellcept Suspension  
P Cellcept Tablets  
P Celsentri Tablets

P Cerazette Tablets  
P Cerelle Tablets  
P Champix Tablets  
P Charak Hyponidd Tablets  
P Chemydur Tablets  
P Chendol Tablets  
P Chenofalk Capsules  
P Chlordiazepoxide Capsules  
NP Chlorpromazine Solution  
P Chlorpromazine Tablets  
P Cialis Tablets  
P Cilest Tablets  
P Cilique Tablets  
P Cimetidine Solution  
P Cimetidine Tablets  
P Cipralex Drops  
P Cipralex Tablets  
NP Cipramil Drops  
P Cipramil Tablets  
P Circadin Tablets  
NP Citalopram Drops  
P Citalopram Tablets  
P Clobazam Tablets  
P Clofenac SR Tablets  
P Clomid Tablets  
P Clomipramine Capsules  
P Clopidogrel Tablets  
P Clopixol Tablets  
P Clozapine Tablets  
P Clozaril Tablets  
P Co Amilofruse Tablets  
P Co Amilozide Tablets  
P Co Aprovel Tablets  
P Co Atenolol Tablets  
P Co Codaprin Tablets  
NP Co Danthramer Suspension  
NP Co Danthrusate Suspension  
P Co Diovan Tablets  
P Co Dydramol Tablets  
P Co Tenidone Tablets  
P Codafen Tablets  
P Codanin Tablets  
NP Codeine Linctus  
P Codeine Phosphate Tablets  
P Colazide Capsules  
P Colchicine Tablets  
P Colesevelam Tablets  
P Colestid Granules  
NP Colestid Orange Granules  
P Colestid Tablets

P Colestyramine Tablets  
P Colofac MR Capsules  
P Colofac Tablets  
NP Colonis Melatonin Solution  
NP Colpermin Capsules  
P Combivir Tablets  
P Combodart Capsules  
P Competact Tablets  
P Comtess Tablets  
P Concerta Tablets  
P Constella Capsules  
P Convulex Capsules  
P Copegus Tablets  
P Coracten Capsules  
P Cordarone X Tablets  
P Cordilox Tablets  
P Corgard Tablets  
NP Cosmocol Paediatric Sachets  
P Coversyl Arginine Plus Tablets  
P Coversyl Tablets  
P Cozaar Comp Tablets  
P Cozaar Tablets  
P Crestor Tablets  
P Cyclizine Tablets  
P Cyclo Progynova Tablets  
P Cyclophosphamide Tablets  
P Cyklokapron Tablets  
P Cymbalta Capsules  
P Cyprostat Tablets  
P Cysticide Tablets  
P Cystrin Tablets  
P Cytotec Tablets  
P Dalmane Capsules  
P Danazol Capsules  
P Danol Capsules  
P Dantrium Capsules  
P Daonil Tablets  
P Dapagliflozin Tablets  
P Dapsone Tablets  
P Daraprim Tablets  
P Darifenacin Tablets  
P DDAVP Melts  
P DDAVP Tablets  
P Delmosart Tablets  
P Deltacortril Tablets  
P Demovo Solution  
P Depakote Tablets  
P Depefax Tablets  
P Depixol Tablets  
P Desitrend Levetiracetam Granules



*If possible, this product should be used in preference to Levetiracetam Neuraxpharm Granules. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

NP	Desizon Suspension
P	Desloratadine Tablets
NP	Desmomelt Tablets

*Desmotabs may be a suitable alternative.*

P	Desmopressin Nasal Spray
P	Desmotabs Tablets
P	Desogestrel Tablets
P	Desorex Tablets
P	Destolit Tablets
NP	Desunin Tablets
NP	Detrunorm Tablets
P	Detrunorm XL Capsules
P	Detrusitol Tablets
P	Detrusitol XL Capsules
NP	Dexamethasone Rosemont Solution
P	Dexamethasone Tablets
P	Dexamphetamine Tablets
P	Dexedrine Tablets
P	DHC Continus Tablets
P	Diamicron Tablets
P	Diamorphine Hydrochloride Tablets
P	Diamox SR Capsules
P	Diamox Tablets
P	Dianette Tablets
P	Diazepam Tablets
P	Dibenyline Capsules
P	Diclofenac Tablets
P	Dicloflex Tablets
P	Diclomax Retard Tablets
P	Diclovol Tablets
NP	Diconal Tablets
NP	Dicycloverine Solution
NP	Dicycloverine Tablets
NP	Dicynene Tablets
P	Diffundox Capsules
NP	Digoxin Aspen Elixir
P	Digoxin Tablets
P	Dihydrocodeine Continus Tablets
NP	Dihydrocodeine Martindale Elixir
P	Dihydrocodeine Tablets
P	Diloxanide Tablets
P	Diltiazem Tablets
P	Dilzem Tablets
P	Diphenoxylate Tablets
P	Dipyridamole Capsules
NP	Dipyridamole Rosemont Suspension

P Dipyridamole Tablets  
P Disopyramide Capsules  
P Ditropan Tablets  
P Ditropan XL Tablets  
P Diumide K Tablets  
NP Diurexan Tablets  
P Dixarit Tablets  
P Dolmatil Tablets  
NP Domperidone Suspension  
P Domperidone Tablets  
P Donepezil Tablets  
P Doralese Tablets  
P Dostinex Tablets  
P Dosulepin Capsules  
P Dosulepin Tablets  
P Doxazosin Tablets  
P Duodopa Intestinal Gel  
P Dutasteride Capsules  
P Dytac Capsules  
P Dytide Tablets  
P Dyzantil Tablets  
NP Ebixa Drops  
P Ebixa Tablets  
P Eccocholac Capsules  
P Edronax Tablets  
P Efexor XL Capsules  
P Efient Tablets  
P Elantan LA Tablets  
P Elantan Tablets  
P Eldepryl Tablets  
P Eliquis Tablets  
P Elleste Duet Tablets  
P Elleste Solo Tablets  
P Eltroxin Tablets  
P Elvanse Capsules  
P Emend Capsules  
P Emselex Tablets  
P Enalapril Tablets  
P Endoxana Tablets  
P Entacapone Tablets  
NP Entecavir Solution  
P Entecavir Tablets  
P Entocort Capsules  
P Entresto Tablets  
P Enzalutamide Tablets  
P Epanutin Capsules  
P Epanutin Infatabs Chewable  
NP Epanutin Suspension  
P Ephedrine Tablets  
P Epilim Chrono Tablets

P	Epilim Chronosphere Granules
P	Epilim Crushable
NP	Epilim Liquid
P	Epilim Tablets
P	Epivir Tablets
P	Eplerenone Tablets
P	Equasym Tablets
P	Equasym XL Capsules
P	Erbix Tablets
P	Erycen Tablets
P	Escitalopram Tablets
P	Esmeron Tablets
P	Esomeprazole Tablets
P	Estracyt Capsules
P	Estradiol Valerate Tablets
P	Ethinylestradiol Tablets
P	Eucardic Tablets
P	Eudemine Tablets
P	Evista Tablets
P	Exemestane Tablets
P	Ezetimibe Tablets
P	Ezetrol Tablets
P	Famotidine Tablets
P	Fareston Tablets
P	Fasigyn Tablets
P	Faverin Tablets
P	Febuxostat Tablets
NK	Feldene Melt Tablets
P	Felodipine Tablets
P	Femara Tablets
P	Femodene Tablets
P	Femodette Tablets
P	Femoston Tablets
P	Femtab Tablets
P	Fenbufen Tablets
P	Feprapax Tablets
P	Feracru Capsules
P	Fesoterodine Tablets
P	Fexofenadine Tablets
P	Flecainide Tablets
NP	Fleet Phospho Soda Solution
P	Flexin Tablets
P	Flomaxtra Tablets
P	Fluanxol Tablets
P	Fludara Tablets
P	Fludricortisone Tablets
P	Fluorouracil Tablets
P	Fluoxetine Capsules
NP	Fluoxetine Solution
P	Flupentixol Tablets

P Flurbiprofen Tablets  
P Flutamide Capsules  
P Fluvoxamine Tablets  
P Forxiga Tablets  
P Fosamax Tablets  
P Fosavance Tablets  
P Frisium Tablets  
P Frumil Tablets  
P Frusene Tablets  
NP Frusol Solution  
P Fulcin Tablets  
P Furosemide Tablets  
P Fycompa Tablets  
P Gabapentin Capsules  
P Gabapentin Tablets  
P Gabitril Tablets  
P Galvus Tablets  
P Gamanil Tablets  
P Gastrografin Solution  
P Gedarel Tablets  
P Gemfibrozil Tablets  
P Gilenya Capsules  
P Givitol Tablets  
P Glibenclamide Tablets  
P Gliclazide Tablets  
NP Glimepiride Tablets  
P Glipizide Tablets  
P Glucobay Chewable Tablets  
P Glucophage Tablets  
NP Glyceryl Trinitrate Spray  
NP Glyceryl Trinitrate Sublingual Tablets  
NP Glycopyrronium Bromide Colonis Solution  
P Glycopyrronium Bromide Dawa Tablets  
NP Glytrin Spray  
P Half Beta Prograne Capsules  
NP Haloperidol Solution  
P Haloperidol Tablets  
NP Heminevrin Capsules  
P Hexopal Forte Tablets  
P Hexopal Tablets  
P Hiprex Tablets  
P Histryl Tablets  
NP Hydralazine Tablets  
P Hydrea Capsules  
P Hydrocortone Tablets  
P Hydroxycarbamide Capsules  
P Hygroton Tablets  
P Hypovase Tablets  
P Hytrin Tablets  
NP Idrolax Tablets

P	Ikorel Tablets
P	Ilaxten Tablets
P	Imdur Tablets
NP	Imipramine Rosemont Solution
P	Imipramine Tablets
NP	Immunovir Tablets
NP	Imodium Solution
P	Impryl Tablets
P	Imuran Tablets
P	Indapamide Tablets
P	Inderal LA Capsules
P	Indocid Tablets
P	Indomethacin Tablets
P	Indoramin Tablets
P	Inegy Tablets
P	Innovace Tablets
P	Innozide Tablets
P	Inovelon Tablets
P	Inspra Tablets
P	Intuniv Tablets
P	Invega Tablets
P	Invirase Capsules
NP	Invita D3 Drops
P	Invokana Tablets
P	Ionamin Capsules
P	Irbesartan Tablets
NP	Ismelin Tablets
P	Ismo 10 Tablets
P	Ismo 20 Tablets
NP	Ismo Retard Tablets
P	Isocarboxazid Tablets
P	Isoket Retard Tablets
P	Isoket Spray
P	Isoket Tablets
P	Isosorbide Dinitrate Tablets
P	Isosorbide Mononitrate Tablets
P	Isotard XL Tablets
P	Isotretinoin Capsules
P	Istin Tablets
P	Ivabradine Tablets
P	Janumet Tablets
P	Januvia Tablets
P	Jardiance Tablets
NP	Kaletra Tablets
P	Kalspare Tablets
P	Kalten Capsules
P	Kapake Tablets
NP	Kay Cee L Syrup
P	Kemadrin Tablets
NP	Keppra Solution

P Keppra Tablets  
P Keral Tablets  
P Ketoprofen Capsules  
NP Ketovite Tablets  
P Kivexa Tablets  
P Klean Prep Sachets  
P Kliofem Tablets  
P Kliovance Tablets  
P Konsyl Capsules  
P Kytril Tablets  
P Labetalol Tablets  
NP Lamictal Dispersible Tablets  
P Lamictal Tablets  
P Lamotrigine Tablets  
P Lamprene Capsules  
NP Lanoxin PG Elixir  
P Lanoxin Tablets  
P Lansoprazole Capsules  
NP Lansoprazole Orodispersible  
P Lanvis Tablets  
P Lariam Tablets  
P Lasilactone Tablets  
NP Lasix Paediatric Liquid  
P Laxido Paediatric Plain Sachets  
P Leflunomide Tablets  
P Lercanidipine Tablets  
P Lescol Tablets  
P Letrozole Tablets  
P Leukeran Tablets  
P Levest Tablets  
NP Levetiracetam Granules

*Desitrend Levetiracetam Granules are approved for Pesach and should be used in preference to Levetiracetam Neuraxpharm Granules if possible. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

P Levitra Tablets  
P Levodopa Tablets  
P Levofloxacin Tablets  
P Levonelle One Step Tablet  
P Levonelle Tablets  
NP Levothyroxine Solution  
P Levothyroxine Tablets  
NP Lexpec Folic Acid Rosemont Solution  
P Librium Tablets  
P Linaclotide Capsules  
P Linagliptin Tablets  
NP Lioresal Liquid  
NP Lioresal Tablets  
P Liothyronine Tablets  
P Lipantil Capsules

P Lipitor Tablets  
P Lisdexamfetamine Takeda Capsules  
P Lisinopril Tablets  
P Liskonum Capsules  
P Liskonum Tablets  
P Lithium Carbonate Tablets  
P Livial Tablets  
P Lixiana Tablets  
P Lizinna Tablets  
P Lodine Tablets  
P Loestrin Tablets  
NP Lofepamine Suspension  
P Lofepamine Tablets  
P Lofexidine Tablets  
P Logynon Tablets  
P Lomotil Tablets  
P Loniten Tablets  
P Loperamide Capsules  
P Lopid Capsules  
P Lopressor Tablets  
P Lorazepam Tablets  
P Lormetazepam Tablets  
NP Loron Tablets  
P Lorvacs XL Tablets  
P Losartan Tablets  
P Losec Capsules  
P Losec MUPS Omeprazole Tablets  
NP Luborant Spray  
P Lucette Tablets  
P Lueva Tablets  
P Lurasidone Tablets  
P Lustral Tablets  
P Lyrica Capsules  
NP Lyrica Solution  
P Lyrinel XL Tablets  
P Madopar Capsules  
P Madopar Dispersible Tablets  
P Maexini Tablets  
P Malarone Tablets  
P Manerix Tablets  
P Maraviroc Tablets  
P Marevan Tablets  
P Marvelon Tablets  
NP Maxolon Syrup  
P Maxolon Tablets  
P Maxtrex Tablets  
P Mebeverine Tablets  
P Medikinet Tablets  
P Medrone Tablets  
P Mefenamic Acid Capsules

P Mefenamic Acid Tablets  
P Megace Suspension  
P Melatonin Tablets  
P Meloxicam Tablets  
P Menadiol Tablets  
P Meproamate Tablets  
P Meptid Tablets  
P Mercaptopurine Tablets  
P Mercilon Tablets  
P Mesalazine Tablets  
P Mestinon Tablets  
P Metformin Tablets  
NP Methadone Powder  
NP Methadone Solution  
P Methadone Tablets  
P Methotrexate Tablets  
P Methyldopa Tablets  
P Metoclopramide Tablets  
P Metopirone Capsules  
P Metoprolol Tablets  
P Metyrapone Capsules  
P Mezavant Tablets  
NP Mezzopram Dispersible Tablets  
P Mianserin Tablets  
P Micardis Plus Tablets  
NP Micardis Telmisartan Tablets

*If possible, Glenmark and Sandoz brands of Telmisartan Tablets should be used in preference to Micardis (Boehringer Ingelheim) brand. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

P Microgynon 30 ED Tablets  
P Microgynon 30 Tablets  
P Micropurin Aspirin Tablets  
P Midodrine Tablets  
P Mifegyne Tablets  
P Millinette Tablets  
P Mimpapa Tablets  
NP Minodiab Tablets  
P Mintec Capsules  
P Mintezol Tablets  
NP Mirapexin Tablets  
P Miraxid Tablets  
NP Mirtazapine Orodispersible  
NP Mirtazapine Rosemont Solution  
P Mirtazapine Tablets  
P Mizolastine Tablets  
P Mizollen Tablets  
P Mobiflex Tablets  
P Modafinil Tablets  
P Moduretic Tablets



P	Mogadon Tablets
P	Molipaxin Capsules
P	Molipaxin Tablets
P	Monit Tablets
P	Monocor Tablets
P	Monomax Tablets
P	Monomil XL Tablets
P	Monuril Granules
P	Morcap SR Capsules
P	Morphgesic SR Tablets
NP	Morphine Martindale Solution
P	Morphine Tablets
P	Motens Tablets
NP	Motilium Suspension
P	Motilium Tablets
P	Motipress Tablets
P	Motrin Capsules
P	Motrin Tablets
P	Movicol Paediatric Chocolate Sachets
P	Movicol Paediatric Plain Sachets
NP	Moviprep Orange Powder Sachets
NP	Moviprep Powder Sachets
P	Moxonidine Tablets
NP	MST Continus Suspension
P	MST Continus Tablets
P	Mucodyne Capsules
NP	Mucodyne Paediatric Syrup
P	Mucodyne Syrup
P	MXL Capsules
P	Mycophenolate Mofetil Capsules
P	Mycophenolate Mofetil Tablets
P	Mysoline Tablets
P	Nabilone Capsules
P	Nabumetone Tablets
P	Naftidrofuryl Capsules
P	Nalcrom Capsules
P	Naltrexone Tablets
P	Naprosyn Tablets
P	Naproxen EC Tablets
P	Naproxen Tablets
NP	Nardil Tablets
P	Natrilix SR Tablets
P	Natrilix Tablets
P	Natulan Capsules
P	Navelbine Capsules
NP	Navidrex Tablets
NP	Navispare Tablets
P	Nebilet Tablets
P	Nebivolol Tablets
P	Neditol XL Tablets

P	Neo Naclex Tablets
NP	Neoclarityn Solution
P	Neoclarityn Tablets
P	Neocon Tablets
P	Neogest Capsules
P	Neomercazole Tablets
P	Neoral Sandimmun Capsules
P	Neostigmine Tablets
P	Neotigason Capsules
P	Neulactil Forte Syrup
P	Neulactil Tablets
P	Neurontin Capsules
P	Neurontin Tablets
NP	Nexium Suspension
P	Nexium Tablets
P	Nicef Capsules
P	Nicorandil Tablets
P	Nicotinamide Tablets
P	Nifedipine Capsules
P	Nifedipine Tablets
P	Nifensar XL Tablets
P	Nimodipine Tablets
P	Nimotop Tablets
P	Niopam Tablets
P	Nitrazepam Tablets
NP	Nitrolingual Spray
P	Nitronal Tablets
P	Nizatidine Capsules
NP	Nootropil Solution
P	Norcuron Liquid
P	Norethisterone Tablets
P	Norgeston Tablets
P	Noriday Tablets
P	Norimin Tablets
P	Norinyl 1 Tablets
NP	Normax Suspension
P	Norprolac Tablets
P	Nortriptyline Tablets
P	Norvir Tablets
P	Novonorm Tablets
P	Noxafil Suspension
P	Nozinan Tablets
P	Nuelin SA Tablets
P	Nutrizym Capsules
P	Nuvelle Continuous Tablets
P	Nuvelle Tablets
P	Octasa Tablets
P	Olanzapine Tablets
NP	Olbetam Capsules
NP	Olbetam Tablets

P Olmersartan Medoxomil Tablets  
P Omeprazole Capsules  
NP Omeprazole Dispersible Tablets

*Losec MUPS Omeprazole Tablets are a suitable alternative for Pesach.*

NP Omeprazole Suspension  
P Omeprazole Tablets  
NP Ondansetron Aristo Orodispersible  
NP Ondansetron Solution  
P Ondansetron Tablets  
P One Alpha Capsules

*Also known as Alfacalcidol Capsules.*

NP One Alpha Drops  
P Ongentys Capsules  
P Onglyza Tablets  
P Ontozry Capsules  
P Opicapone Capsules  
P Opilon Tablets  
P Opizone Tablets  
P Optimax Tablets  
NP Oramorph Concentrated Solution  
NP Oramorph Solution  
P Orap Tablets  
NP Orgalutran Tablets  
P Orgaran Tablets  
P Orlistat Capsules  
P Oruvail Capsules  
P Otezla Tablets  
NP Ovex Chewable Tablets  
NP Ovex Suspension  
P Ovranelle Tablets  
P Oxazepam Tablets  
P Oxprenolol Tablets  
P Oxybutynin Tablets  
P Oxycodone Capsules  
P Oxycodone Tablets  
P Oxycontin Tablets  
P Oxymetholone Tablets  
P Oxynorm Capsules  
P Oxynorm Liquid  
P Palexia Tablets  
P Paliperidone Tablets  
P Palladone Capsules  
P Paludrine Tablets  
P Pancrease Capsules  
P Pancrex Capsules  
P Pancrex Powder  
P Pancrex Tablets  
NP Pantoprazole Tablets

NP	Pariet Tablets
P	Parlodel Capsules
P	Parlodel Tablets
P	Paroven Capsules
P	Paroxetine Tablets
P	Pentasa Sachets
P	Pentasa Tablets
P	Pentazocine Capsules
P	Pentazocine Tablets
NP	Pepcid Tablets
P	Perdix Tablets
P	Perindopril Tablets
P	Periostat Tablets
P	Persantin Retard Capsule
P	Pertofrane Tablets
P	Pethidine Tablets
P	Phenobarbital Tablets
P	Phenobarbital Thornton & Ross Elixir
P	Phenytoin Capsules
P	Phenytoin Tablets
P	Physiotens Tablets
NP	Picolax Sachets
NP	Pindolol Tablets
P	Pioglitazone Tablets
P	Piroxicam Capsules
P	Piroxicam Tablets
P	Pivmecillinam Tablets
P	Pizotifen Tablets
P	Plaquenil Tablets
P	Plavix Tablets
P	Plendil Tablets
NP	Plenvu Powder Sachets
P	Ponstan Forte Tablets
P	Potaba Capsules
P	Prasugrel Tablets
P	Pravastatin Tablets
P	Praxilene Capsules
P	Praziquantel Tablets
P	Prazosin Tablets
P	Prednisolone EC Tablets
P	Prednisolone Soluble
P	Prednisolone Tablets
NP	Pregabalin Aspire Solution
P	Pregabalin Capsules
NP	Pregnyl Tablets
P	Premarin Tablets
P	Premique Tablets
P	Preservex Tablets
P	Prestim Tablets
P	Priadel Tablets

P Primolut N Tablets  
NP Pripsen Tablets  
P Pro Banthine Tablets  
NP Procarbazine Capsules  
NP Prochlorperazine Buccal Tablets  
P Prochlorperazine Tablets  
P Procoralan Tablets  
P Procyclidine Tablets  
P Progynova Tablets  
NP Promazine Syrup  
P Propecia Tablets  
NP Propranolol Solution  
P Propranolol Tablets  
P Propylthiouracil Tablets  
P Proscar Tablets  
P Prothiaden Tablets  
NP Protium Tablets  
P Provera Tablets  
P Provigil Tablets  
P Proviron Tablets  
P Prucalopride Tablets  
P Purinethol Tablets  
P Pylorid Tablets  
P Pyridostigmine Tablets  
P Pyrocalm Control Tablets  
NP Questran Colestyramine Light Sachets  
P Questran Colestyramine Sachets  
P Quetiapine Tablets  
P Quinine Bisulphate Tablets  
P Quinine Sulphate Tablets  
NP Rabeprazole Tablets

*May be used during Pesach if there are no suitable alternatives.*

P Ramipril Capsules  
P Ramipril Rosemont Solution  
P Ramipril Tablets  
P Ranexa Tablets  
P Ranolazine Tablets  
P Rapamune Tablets  
P Rasagiline Tablets  
P Rasilez Tablets  
P Rebetol Capsules  
NP Rebetol Solution  
P Refolinon Tablets  
P Regurin Trospium Capsules  
NP Regurin Trospium Tablets

*May be used during Pesach if other brands of Trospium Tablets or Regurin Trospium Capsules are not available. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

P Relifex Tablets

P	Relpax Tablets
P	Remedeine Tablets
P	Reminyl Solution
P	Reminyl Tablets
P	Reminyl XL Capsules
P	Renagel Tablets
P	Renvela Tablets
P	Repaglinide Tablets
P	Requip Tablets
P	Resonium A Powder
P	Restandol Capsules
P	Retrovir Capsules
NP	Retrovir Solution
NK	Revatio Powder
P	Revatio Tablets
P	Rheumatac Retard Tablets
P	Ridaura Capsules
P	Rigevidon Tablets
P	Risperdal Solution
NP	Risperidone Orodispersible
NP	Risperidone Solution
P	Risperidone Tablets
NP	Ritalin Tablets
P	Rivaroxaban Tablets
P	Rivastigmine Capsules
NP	Roaccutane Capsules
P	Robaxin Tablets
P	Robaxisal Forte Tablets
P	Rocaltrol Capsules
P	Rohypnol Tablets
P	Ronicol Tablets
P	Ropinirole Tablets
P	Rosuvastatin Tablets
P	Rovamycine Tablets
P	Rowachol Capsules
P	Rowatinex Capsules
P	Rupatadine Aspire Tablets
P	Rybelsus Tablets
P	Rythmodan Capsules
P	Sabril Sachets
P	Sabril Tablets
P	Salazopyrin EN Tablets
NP	Salazopyrin Suspension
NP	Salbutamol Pinewood Syrup
P	Salbutamol Tablets
P	Salofalk Granules
P	Salofalk Tablets
NP	Sando-K Effervescent
P	Saxagliptin Tablets
P	Sebivo Tablets

P	Sectral Capsules
P	Sectral Tablets
P	Securon Tablets
P	Selegiline Tablets
P	Semaglutide Tablets
NP	Serc Tablets
P	Serenace Tablets
P	Seroquel Tablets
NP	Seroxat Liquid
P	Seroxat Tablets
P	Sertraline Tablets
P	Setofilm Orodispersible
P	Sevikar HCT Tablets
P	Sevikar Tablets
P	Sevredol Tablets
P	Sildenafil Tablets
NP	Simvastatin Rosemont Suspension
P	Simvastatin Tablets
P	Sinemet Plus Tablets
P	Sinemet Tablets
P	Sitagliptin Tablets
P	Slenyto Tablets
P	Slow K Tablets
P	Slozem Capsules
P	Sodium Slow Tablets
P	Sodium Valproate Tablets
NP	Solian Solution
P	Solian Tablets
P	Solpadol Caplets
NP	Solpadol Effervescent
NP	Soneryl Tablets
P	Sotacor Tablets
P	Sotalol Tablets
P	Spirolactone Tablets
P	Stalevo Tablets
P	Starlix Tablets
NP	Stemetil Syrup
P	Stemetil Tablets
P	Stilnoct Tablets
NP	Stirlescent Effervescent
P	Strattera Capsules
NP	Strattera Solution
P	Suboxone Tablets
NP	Subutex Tablets
P	Sukkarto Tablets
NP	Sulfasalazine Rosemont Suspension
P	Sulfasalazine Tablets
P	Sulfinpyrazone Tablets
NP	Sulpiride Rosemont Solution
P	Sulpiride Tablets
P	Supralip Tablets

P Surgam Tablets  
P Surmontil Tablets  
P Sustac Tablets  
P Sustanon Tablets  
P Sustiva Capsules  
P Sustiva Tablets  
P Sutent Capsules  
P Synphase Tablets  
P Syscor Tablets  
P Tadalafil Tablets  
NP Tagamet Syrup  
P Tagamet Tablets  
P Tambocor Capsules  
P Tambocor Tablets  
P Tamiflu Capsules  
NP Tamiflu Suspension  
P Tamoxifen Rosemont Solution  
P Tamsulosin Capsules  
P Tamsulosin Tablets  
P Tanatril Tablets  
P Tapentadol Tablets  
P Tarceva Tablets  
P Tardisc Tablets  
P Targretin Capsules  
P Tarka Capsules  
P Tasmart Tablets  
P Tecfidera Capsules  
NP Tegretol Liquid  
P Tegretol Prolonged Release  
P Tegretol Tablets  
P Telfast Tablets  
P Telmisartan Tablets

*If possible, Glenmark and Sandoz brands of Telmisartan Tablets should be used in preference to Brown & Burk, KRKA and Micardis (Boehringer Ingelheim) brands. Call 020 8343 6247 or email [info@kosher.org.uk](mailto:info@kosher.org.uk) if you need further guidance.*

P Telzir Suspension  
P Telzir Tablets  
NP Temgesic Sublingual Tablets  
P Temodal Capsules  
P Tenif Capsules  
P Tenoret Tablets  
P Tenoretic Tablets  
P Tenormin Tablets  
P Tenoxicam Tablets  
P Tensipine Tablets  
P Terazosin Tablets  
P Teronac Tablets  
P Tertroxin Tablets  
P Tetrabenazine Tablets



P Teveten Tablets  
P Thioridazine Tablets  
P Thorens Drops  
P Thyroxine Tablets  
P Tiagabine Tablets  
P Ticagrelor Tablets  
P Tildiem Capsules  
P Tildiem Retard  
P Tildiem Tablets  
P Tizanidine Tablets  
P Tofacitinib Tablets  
P Tolbutamide Tablets  
P Topamax Sprinkle Capsules  
P Topamax Tablets  
P Torecan Tablets  
P Torem Tablets  
P Toremifene Tablets  
P Toviaz Tablets  
P Tracleer Tablets  
P Trajenta Tablets  
P Tramacet Tablets  
P Tramadol Advanz Drops  
NP Tramadol Morningside Solution  
NP Tramadol Mylan Orodispersible  
P Tramadol SR Tablets  
P Trandate Tablets  
P Tranexamic Acid Tablets  
P Trasylol Tablets  
P Trazodone Tablets  
P Trental Tablets  
P Triadene Tablets  
P Tridestra Tablets  
P Trihexyphenidyl Tablets  
NP Trileptal Tablets  
P Trimipramine Tablets  
P Triperidol Tablets  
P Triptafen Tablets  
P Trisequens Tablets  
P Tritace Tablets  
P Trizivir Tablets  
P Trospium Tablets

*If possible Regurin Trospium Tablets should be avoided if Regurin Capsules or other brands of Trospium Tablets are available.*

NP Tylex Effervescent  
P Ucerax Tablets  
P Uftoral Capsules  
P Urdox Tablets  
P Urispas Tablets  
P Uromitexan Tablets

P	Uromune Spray
P	Ursofalk Capsules
NK	Ursofalk Suspension
P	Ursofalk Tablets
P	Ursogal Tablets
P	Utinor Tablets
P	Utovlan Tablets
P	Utrogestan Tablets
P	Vagifem Tablets
P	Valcyte Solution
P	Valcyte Tablets
P	Valdoxan Tablets
P	Valsartan Capsules
P	Valtrex Tablets
P	Vardenafil Tablets
P	Vascardin Tablets
P	Vasran XL Tablets
P	Venaxx XL Capsules
P	Venlafaxine Capsules
P	Venlafaxine Tablets
P	Vepesid Capsules
NP	Verapamil Rosemont Solution
P	Verapamil Tablets
NP	Vermox Chews
NP	Vermox Suspension
NP	Vermox Tablets
P	Vertab SR Tablets
P	Vesanoid Capsules
P	Vesicare Tablets
P	VFend Tablets
P	Viagra Connect Tablets
P	Viagra Tablets
P	Viazem Capsules
P	Videx Tablets
P	Viepax Tablets
P	Vigabatrin Tablets
NP	Vigranon B Syrup
P	Vipidia Tablets
P	Viraferon Tablets
P	Viridal Tablets
P	Volsaid Tablets
P	Voltarol Rapid Tablets
P	Vortioxetine Tablets
P	Warfarin Tablets
NP	Wellvone Suspension
P	Xaggitin XL Tablets
P	Xanax Tablets
P	Xaqua Tablets
P	Xarelto Tablets
P	Xatral Tablets
P	Xatral XL Tablets
P	Xcopri Tablets
P	Xeljanz Tablets
P	Xeloda Tablets

P	Xenical Capsules
P	Xonvea Tablets
NP	Xyzal Solution
P	Xyzal Tablets
P	Yasmin Tablets
P	Yentreve Capsules
P	Zaditen Capsules
NP	Zaditen Elixir
P	Zaditen Tablets
P	Zamadol Capsules
P	Zamadol Tablets
P	Zanidip Tablets
P	Zapain Tablets
P	Zavedos Capsules
P	Zebinix Tablets
P	Zeffix Tablets
P	Zelapar Tablets
P	Zemtard Capsules
P	Zeposia Capsules
P	Zestoretic Tablets
P	Zestril Tablets
NP	Ziagen Solution
P	Ziagen Tablets
P	Zicron Tablets
P	Zileze Tablets
P	Zimbacol XL Tablets
NP	Zimovane Tablets
NP	Zispin Soltab Orodispersible
P	Zithromax Capsules
P	Zochek Tablets
P	Zocor Tablets
NK	Zofran Melts
NP	Zofran Syrup
P	Zofran Tablets
P	Zolpidem Tablets
P	Zomorph Capsules
P	Zonegran Capsules
P	Zonisamide Capsules
P	Zopiclone Tablets
NP	Zoton Fastabs
P	Zumenon Tablets
P	Zyban Tablets
P	Zydol Capsules
P	Zydol Soluble
P	Zydol Tablets
P	Zyloric Tablets
P	Zyprexa Tablets
NP	Zyprexa Velotabs Orodispersible
P	Zytiga Tablets

### **PROBIOTICS & DIGESTIVE HEALTH**

P	A Vogel Milk Thistle Tablets
NK	Bimuno Ibaid Pastilles
NK	Bimuno Travelaid Pastilles

P Bio Health Slippery Elm Capsules  
 P BioCare Acidophilus Capsules  
 D BioKult Advanced Multi Strain Capsules  
 P Dr Mercola Probiotic Capsules  
 NP Energetix Flora Chewable  
 P Higher Nature Oregano Oil Capsules  
 P Lactaid Fast Act Caplets  
 NP Lactaid Fast Act Vanilla Chewable  
 P Lactaid Original Caplets  
 P Lamberts Cinnamon Tablets  
 P Lamberts Digestizyme Capsules  
 NP Lamberts FOS Powder  
 P Lamberts Lactase Tablets  
 P Lifeplan WindAway Activated Charcoal Capsules  
 P Nature's Best Lactase Tablets  
 NP Potter's Slippery Elm Food Tablets  
 D Proven Probiotics Acidophilus Bifidus Adult 25 Billion Capsules  
 NP Proven Probiotics Acidophilus Bifidus Immune Energy Support Sachets  
 NP Proven Probiotics Acidophilus Bifidus Intestinal Digestive Support Sachets  
 D Proven Probiotics Acidophilus Bifidus Travel Capsules  
 P Quest Acidophilus Capsules  
 NP Symprove Mango & Passion Fruit Liquid  
 NP Symprove Original Liquid  
 NP Thompson Slippery Elm Food Powder  
 NP Vivomixx Capsules  
 NP Vivomixx Sachets

## **SLEEP & RELAXATION**

NP Boots Sleep Well Valerian Tablets  
 P Boots Sleeppeaze Tablets  
 P Cytoplan Cyto Night Powder  
 D Garden of Life Mood+ Capsules  
 NP Kalms Day Tablets  
 NP Kalms Night Tablets  
 NP Kalms One a Night Tablets  
 NP Natrasleep Tablets  
 P Natures Aid Ucalm Tablets  
 P Nutri Supreme Sure Sleep Capsules  
 NP Nytol Caramel Liquid  
 NP Nytol Herbal Elixir  
 NP Nytol Herbal Simply Sleep One a Night Tablets  
 P Nytol Herbal Tablets  
 P Nytol One a Night Tablets  
 P Nytol Original Tablets  
 P ProThera Therasleep Capsules  
 P Sominex Herbal Tablets  
 P Sominex Sleeping Tablets  
 P Vitabiotics Sleepnite Valerian Tablets

## **SORE THROATS**

*Lozenges and throat sweets usually contain ingredients such as glucose, which may be derived from wheat and should be avoided. TCP Original Liquid can be used as an alternative.*

## **STRESS & ENERGY**

- P A Vogel Hyperiforce Tablets
- P A Vogel Passiflora Complex Tablets
- P Boots Stress Relief Tablets
- P Natures Aid Korean Ginseng Tablets
- P Neuroscience Adreco Tablets
- P Pure Encapsulations Emotional Wellness Capsules

## **SUPERFOOD SUPPLEMENTS**

- P A Vogel Kelp Tablets
- P Klaire Labs Ashwagandha Capsules
- P Pure Encapsulations Ashwagandha Capsules
- P Pure Encapsulations Curcumin Capsules
- P Pure Synergy Original Capsules

*No logo. For purchases see [www.seagreens.shop](http://www.seagreens.shop).*

- KLBD-P Seagreens Food Capsules
- KLBD-P Seagreens Iodine Lite+ Capsules
- KLBD-P Seagreens Iodine+ Capsules
  
- P Spirulina Tablets
- P Viridian Curcumin Capsules

## **SUPPLEMENTS FOR CHILDREN**

*The following product is approved for Pesach. Please note that none of the other Supplements for Children are suitable.*

- P A Vogel Nature C for Kids Tablets

## **TEETHING**

- P Anbesol Teething Gel
- NP Ashton & Parsons Teething Gel
- D Ashton & Parsons Teething Powders Sachets
- NP Bonjela Teething Gel
- NP Dentinox Gel
- NP Dr Talbots Teething Gel
- NP Nelsons Teetha Gel
- NP Nelsons Teetha Granules

## **TOOTHPASTE**

*Only supervised or approved toothpastes should be used, as others could contain sorbitol, starch or other ingredients which may be of chametz origin. The following toothpastes are approved, only when box states 'Made in Germany'.*

- P Oral B 3D White Advanced Express Whitening Fresh Glow
- P Oral B 3D White Advanced Luxe Charcoal
- P Oral B 3D White Advanced Luxe Glamorous White
- P Oral B 3D White Clinical Whitening Restore Diamond Clean
- P Oral B 3D White Luxe Blast

- P Oral B 3D White Whitening Therapy Enamel Care
- P Oral B Gum & Enamel Pro Repair Fresh White
- P Oral B Gum & Enamel Pro Repair Original
- P Oral B Pro Expert Professional Protection

### **VITAMIN A**

*None are suitable for Pesach.*

### **VITAMIN B**

- NP Bio Strath Elixir
- P Cyanocobalamin Tablets
- P Cytoplan Biotin Tablets
- P Cytoplan Vitamin B6 Tablets
- P Just Vitamins High Strength Biotin Tablets
- P Nature's Best Panthotenic Acid B5 Tablets
- P Pinnacle Nutrition Biotin Tablets
- P Pure Encapsulations Vitamin B12 Capsules
- NP Pyridoxine Tablets
- NP Vitamin B Compound Tablets
- NP Vitspritz Vitamin B12 Spray

### **VITAMIN C**

- P A Vogel Nature C Tablets
- P Cytoplan Cherry C Capsules
- P Cytoplan Vitamin C Bioflavonoids Capsules
- P Cytoplan Vitamin C Calcium Ascorbate Powder
- P Higher Nature Ultra C Plus Tablets
- P Holland & Barrett Vitamin C Rose Hips Tablets

### **VITAMIN D**

- P Careway Vitamin D3 Tablets
- P G & G Vitamin D3 Capsules
- P Hux D3 Capsules
- NP Just Vitamins D Tablets
- NP ProD3 Capsules
- NP ProD3 Vegan Capsules
- P Pure Encapsulations Vitamin D Capsules
- P Solgar Vitamin D Capsules
- P Solray D Liposome Spray
- P Valupak Vitamin D3 Tablets
- P Vitabiotics Ultra D Tablets
- NP Vitspritz Vitamin D3 Spray

### **VITAMIN E**

*None are suitable for Pesach.*

### **WEIGHT LOSS**

- P ProThera Theraslim Capsules