Join US at Limmud Festival!

Join us at Limmud Festival with year and hear nearly 30 sessions from the Chief Rabbi, US Rabbis, Rebbetzens and educators!

Chief Rabbi Ephraim Mirvis

Chief Rabbi Mirvis is the Chief Rabbi of the United Hebrew Congregations of the Commonwealth and Associate President of the Conference of European Rabbis. He is well known as a principled leader, who has broken new ground in the areas of education, tolerance, Interfaith and Social Responsibility.

Five Jewish Texts that Inspire Leadership Orange 15 Tuesday 10:40-11:40

Hear the Chief Rabbi speak about five texts that guide his leadership. Understanding these fascinating sources can provide meaningful messages for us all.

Study an eye-opening passage of Talmud with the Chief Rabbi Orange 15 Tuesday 13:20-14:20

“You're Embarrassing Me!” Grapple with scenarios in which the issues of human dignity and upholding the letter of the law come up against each other. Which one should be our priority?

Hadassah Fromson, Rebbetzzen, Golders Green United Synagogue

Hadassah is a psychologist and a rebbetzin (GGS). For her PhD she studied religion & sexual satisfaction and now teaches Torah and has a practice in focussing on parenting, relationships, and work with teens. Hadassah was born in Israel, raised in Gib and studied in UCL, Michlalah and Matan.


Come along to hear me share what I've learned whilst completing my phd research in religion, sexual education and sexual satisfaction. 515 people from across the spectrum of the Jewish community filled in a series of anonymous online questionnaires and the results were fascinating! [no under 16s please!].

Meaning through Music (w/ Sam Fromson) Sunday 21:50-22:50 Blue 34

A chilled session, listening to our favourite songs from artists including Udi Davidi, Yonatan Razel and Simon & Garfunkel - exploring their deeper meaning and spiritual messages.

Parenting perspectives: Casting roles (w/ Sam Fromson) Tuesday 10:40-11:40 Orange 10

Come and join Hadassah (a psychologist) and Sam (a rabbi) for a workshop to explore the impact of casting kids into roles, and how to help your children develop self esteem, independence and confidence.

Parenting perspectives: Self worth and social media (w/ Sam Fromson) Sunday 13:20-14:20 Orange 10
Come join Hadassah (a psychologist) and Sam (a rabbi) to explore the impact that praise, positivity & peer pressure have on your kids. We will draw from Torah and psychology to help share ideas that we hope will help you raise strong, confident children.

**The questions kids ask: a Q&A (w/ Sam Fromson) Monday 16:00-17:10 Orange 12**

Kids ask the best questions. Come along and pose the best questions that your kids have asked you to Hadassah (a psychologist) and Sam (a rabbi) who will do their best to help you find the answers!!

**Shevet Dinah Podcast launch Sunday 18:40-19:40 Blue 34**

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**Sam Fromson, Assistant Rabbi, Golders Green United Synagogue**

*Sam is a rabbi, husband, dad and entrepreneur. Sam went to CLS & learnt in yeshiva in Jerusalem before studying NatSci in Cambridge and then completing semicha. Sam is assistant Rabbi in Golders Green Shul, whilst running an insurtech startup, yulife.*

**Help! The rabbi is coming for Shabbat lunch Monday 17:30-18:30 Red 4**

We've all been there... Can I put the soup on the hotplate? Can I serve the cholent from the crockpot? When do I need to put the chicken in the oven? Come join for a lightening tour of shabbat cooking guidelines!

**Other sessions listed above**

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**Lior Kaminetsky, Rabbi, Birmingham Central United Synagogue**


**From Survival Mode to a Leadership Mode! Wednesday 19:10-20:10 Orange 12**

Join us for discussion about new perceptions, relevant to living in small Orthodox Jewish community. Why don't the Jews come to Shul? How can we make our community thrive? What should be the balance between protecting our Orthodox community and creating an inclusive environment? What should be the attitude towards the general outside community?

**Is there a point to have a Jewish school without Jews? Sunday 13:20-14:20 Yellow 23**

Amazingly enough, some Muslims, Christians and others are happy with their own religion but want their children to get Jewish education. Why is it happening? Should we allow or even encourage this? Perhaps it's a waste of Jewish resources? Join us for a discussion about this phenomenon and its possible implication on us as a Jewish community.

**The Song of Middle American Jews - Documentary film, Premiere Sunday 19:10-21:00 Orange 13**

What's it like living in a far-flung Jewish community in the Middle of America? Violinist Lior

Jeremy Lawrence, Senior Rabbi, Finchley United Synagogue

Senior Rabbi at Kinloss since Aug 2014 and Hon Principal of Sacks Morasha JPS. Formerly in Auckland & Sydney; has held leadership roles in Australian and NZ Jewish Community, particularly interfaith. MA in Law. Wide-ranging interests include medical and business ethics to computer animation.

Confidentiality, Confession and Cover-up in Halacha Wednesday 14:40-15:40 Orange 15

We live in a world of social media, naming and shaming but also GDPR and the right to be forgotten. How to balance confidentiality, rights to privacy, public responsibility and OUTRAGE! We explore underlying religious principles, salacious stories and scandal, and the sometimes tricky relationship between civil/secular legislation and halacha.

Pontifical Palaces, Mud Huts and the Kingdom of Heaven. Tuesday 13:20-14:20 Yellow 23

This year I had the privilege of participating in a roundtable at the Vatican and visiting the Tzedek initiatives in Ghana. While global chessed or doing good should need no scriptural justification, halachic underpinnings of Tikkun Olam add value to our inspiration and contribution. What does Halacha bring to the Sustainable Development Table?

The Curious Case of Licoricia of Winchester Thursday 10:40-11:40 Orange 11

A Medieval tale of love and intrigue, royalty, religion and murder. And it is true! Licoricia of Winchester was one of the most prominent and wealthy Jewish women in 13th Century England. When her marriage became a fight between London and Paris Batei Din, King Henry III became personally involved. Join me for time travel, history & halacha.

Jews and Christians: where are we going? Monday 12:00-13:00 Red 1

What are the churches doing to combat antisemitism? Do Christians have a particular responsibility in the light of our history? And why does the Christian-Jewish relationship still require so much work? This session discusses these questions in terms of the current political climate, looking at both with a historical perspective and to the future.

Gefiltefest: All hail the Kosher cheeseburger? - Monday 17:30-18:30 Yellow 21

What is the impact of cell grown meat on kashrut, from a halachic, industry and ethical standpoint? A panel discussion on the ins and outs of new technologies in the food industry.

Joanne Greenaway, CEO, LSJS

Jo is excited to be incoming CEO of LSJS and looks forward to seeing you there! She started life as a lawyer in the City before moving to the London Beth Din as Get Case Director. She is one of the Chief Rabbi's first Ma'ayan cohort and graduate of the Bradfield and Gamechangers leadership programs.
Be fruitful and multiply: The contraception question Tuesday 14:40-15:40 Orange 14

Drawing on her Ma’ayan experience, Joanne will explore the parameters of the mitzvah to have children and how that impacts on the use of contraception. Are there any limits?

Dealing with a difficult case of Get refusal Wednesday 09:10-10:20 Orange 13

What are the tools available for resolving Get cases and how are these implemented in practice? We will look at precedents in our sources ancient and modern and consider some case studies.

Hair covering and the Jewish woman today Monday 17:30-18:30 Orange 12

We will look closely at our sources to understand the origins and intentions of our laws on hair covering and consider how these have been interpreted by Jewish women across time and place. This will be a Halacha shiur accessible at any level.

Richard Verber, Communications Director, United Synagogue

Richard Verber is the United Synagogue's Communications Director. He is a Holocaust educator for March of the Living UK and is a former Limmud Conference chair. He previously worked for World Jewish Relief, the Union of Jewish Students and University Jewish Chaplaincy.

How to curse a witch: a practical guide

Protect yourself from the dangers of witchcraft with this handy session. We'll learn a special incantation from the Talmud to be said on encountering witches. We'll also look at why the Rabbis of the Talmud were worried about demons and witches. Broomsticks not provided.

Celebrating Maureen at Limmud Orange 15 Sunday 20:30-21:40

Maureen Kendler – beloved educator, friend, mentor and colleague; Limmud icon and stalwart – passed away earlier this year. Join this session to celebrate and remember some of her many contributions to our lives and community. We'll tell some stories, sing some songs, laugh a little, cry a little, maybe learn a little too.


Many of our ancestors would have kept warm at night with a bottle of vodka while managing inns and taverns in eastern Europe. Taste some samples from around the region while we explore a lesser-known part of Jewish communal life. Come for the vodka, stay for the fascinating Jewish history.

In conversation with Mala Tribich Orange 11 Wednesday 14:40-15:40

Richard Verber, an educator on March of the Living UK, will be in conversation with Mala Tribich. Mala will give her survivor's testimony of her time during the war and how she survived Ravensbruck and Bergen Belsen.

Steven Wilson, Chief Executive, United Synagogue

Steven has spent much of his career working in communities - in the environmental research community at home and abroad and now as Chief Executive of the United Synagogue. He believes
'It's all about people, and both groups love a good argument but are deeply committed to their ideals'.

Festivals, seasons in Judaism and climate change Red 5 Monday 13:20-14:20

So, four years ago, I made the move from working in the environmental research community to the Jewish community. I generally keep the two parts of my brain segregated (you should see the mechitzah!) but every so often they break free. In this talk, I'm going to take that risk - looking at weather and climate and how they interact with Judaism.

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