



LONDON BETH DIN UPDATE NOVEMBER 2014

This update to *The Really Jewish Food Guide 2014* replaces all previous updates.

► = New information since previous update

SHEMITTA

This Hebrew year 5775 is a shemitta year. For information about shemitta see

<http://www.kosher.org.uk/article/what-shemitta>. For Shemitta dates see

<http://www.kosher.org.uk/article/shemitta-dates-0>.

KLBD LICENSEE NEWS

New KLBD Licensed Pizza Delivery Service:

► **Eli's Pizza**

by Just Kosher, Borehamwood
Tel: 07927 603715
www.elispizza.co.uk

New KLBD Licensed Deli:

Kosher Meat Centre

84 Edgware Way
Edgware HA8 8JS
Tel: 020 8958 8757
info@koshermeatcentre.co.uk

New KLBD Licensed Cafés:

Bagels Bar

84 Brent Street
Hendon NW4 2ES
Tel: 020 8202 6540
info@bagelsbar.com
www.bagelsbar.com

► **Caffeine**

115 Golders Green Road
Golders Green NW11 8HR
Tel: 020 8731 8928

New KLBD Licensed Cake Maker:

Cake Art

42 Green Walk
Hendon
NW4 2AJ
liztatz@gmail.com
www.cakeartbyliz.co.uk

New KLBD Licensed Caterers:

Cohen's Caterers

Unit 7, Tariff Road
Tottenham N17 0EB
Tel: 07853 721787
cohenscaterers@gmail.com
www.cohenscaterers.com

Evelyne Kosher Banquets

Unit 4, Colindale Business Centre
126 Colindale Avenue
Colindale NW9 5HD
Tel: 020 8202 5458
info@evelyne.co.uk
www.evelyne.co.uk

New KLBD Licensed Restaurants:

King Georgie (Meat)

82 Golders Green Road
Golders Green
NW11 8LN
Tel: 020 8455 0926
ben@kinggeorgie.com

Sami's (Meat)

313 Hale Lane
Edgware
HA8 7AX
Tel: 020 8958 2288

New KLBD Licensed Delivery Service:

Kosher Zone

In partnership with Kosher Kingdom
info@kosherzone.co.uk
www.kosherzone.co.uk

New KLBD Licensed Food Manufacturer:

The Biltong Factory

42 Green Walk
Hendon NW4 2AJ
Tel: 020 8203 8124
thebiltongfactory@gmail.com

Changes:

Caterer Newark Cuisine listed on p.156 is now called **Adele Kosher Catering**

Caterer Carole Sobell has changed company name and online contact details:

Sobell Catering

Unit E, Colindale Business Park
2-10 Carlisle Road
Colindale NW9 0HN
Tel: 020 8200 8111
info@sobellcatering.com
www.sobellcatering.com

Penashe (Fun Foods)

New contact details are:
92a Elstree Road
Bushey Heath WD23 4GQ
Tel: 0845 456 2338
mark@penashe.co.uk
www.penashe.co.uk

Shaun Russell Catering is no longer trading.

CHANGES

Birmingham

The Grocer, listed on p.146, is no longer trading. Kosher food may be purchased at:

The Kosher Deli @ Central

4 Speedwell Road
Edgbaston B5 7PR
Tel: 0121 285 1810

The shop opening times are:

Sunday 9.00am - 1.00pm
Tuesday 10:00am - 2.00pm
Thursday 12noon - 7.00pm
Friday 9:00am - 1.00pm

KEY

► = New information since previous update

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

CY = Chalav Yisrael

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinate

NK = Not Kosher

FOOD

CAKE DECORATING

Renshaw Professional products listed on p.34 have been re-branded **Renshaw The Professionals Choice** and **Regalice** products have been re-branded **Décor-Ice**. All products are still approved as previously.

Tesco p35

P Fondant Icing

Was previously called Ready Ice White, but is now in new packaging. It is still approved Parev.

CEREAL, FRUIT & NUT BARS

Dorset Cereals p35

KLBD D Honey Granola

Listed as certified KLBD Parev has changed production sites and is now certified KLBD Dairy.

CHEESE

Samson p39

KLBD CY ► Cream Cheese Full Fat

Now Chalav Yisrael.

CONFECTIONERY

Ricola p46

Approval only applies to sweets in bags. Sticks are not approved.

P Cherry Honey
P Honey Herb
P Lemon Mint
P Mixed Berry
P Original Herb

ENERGY DRINKS & SPORTS PRODUCTS

Good p53

KLBD Hemp Protein Powder

Previously approved Parev, now certified KLBD Parev.

FLOUR

Doves Farm p57

Previously approved Parev, now certified KLBD Parev.

KLBD Malthouse Bread
KLBD Speciality Pasta
KLBD White Plain
KLBD Wholemeal Buckwheat

GLUTEN/WHEAT FREE

Doves Farm p61

Previously approved Parev, now certified KLBD Parev.

KLBD Cookies Lemon Zest
KLBD Flour Brown Bread
KLBD Flour Gram
KLBD Flour Rice
KLBD Flour Self Raising
KLBD Flour White Bread

ICE CREAMS, LOLLIES & SORBETS

Baskin Robbins p68

Previously Not Kosher, now certified KLBD Dairy.

KLBD D Cotton Candy

Previously certified KLBD Dairy, has changed formulation and is now Not Kosher.

NK Strawberry Cheesecake

Calypto p68

Now certified KLBD Parev.

KLBD Freezepops Scooby Doo
KLBD Freezepops The Simpsons

Wall's p72

D Cornetto Classico Multipack

Only retail multipacks 4 x 90ml are approved. Ice creams sold singly and other sizes are made at different sites and are not approved.

D Cornetto Strawberry Multipack

Only 4 x 90ml and 5 x 90 ml retail multipacks are approved. Ice creams sold singly and other sizes are made at different sites and are not approved.

D Magnum Classic Stick Multipack

Only retail multipacks 8 X 110ml are approved. Ice creams sold singly and other sizes are made at different sites and are not approved.

D Magnum White Stick Multipack

Only retail multipacks 3 X 110ml are approved. Ice creams sold singly and other sizes are made at different sites and are not approved.

POPCORN

Popz p80

Now KLBD certified.

KLBD Microwave Butter
KLBD Microwave Paprika
KLBD Microwave Salted

KLBD Microwave Sweet
KLBD Microwave Sweet & Salty
KLBD Microwave Wasabi

SAUCES & CONDIMENTS

Branston

Previously delisted, now approved Parev:

P Pickle Beetroot
P Sauce Rich & Fruity

Haywards

P Piccalilli
P Piccalilli Sweet Spreadable

SWEETENERS

Canderel p97

Now KLBD certified.

KLBD D Red Tablets
KLBD Yellow Granular

Includes jar, box and sachets.

ALCOHOL

CIDER & PERRY

Westons p107

Previously approved Parev, now certified KLBD Parev.

KLBD ► Old Rosie Cider Cloudy
KLBD ► Stowford Press Cider 0.5%
KLBD ► Stowford Press Cider English

LIQUEURS

Luxardo p112

KLBD ► Sour Apple

Previously approved Parev, now certified KLBD Parev.

MEDICINES

PRESCRIPTION ONLY MEDICINES

p136

P Ranitidine Effervescent Tablets

Was previously approved Dairy, now approved Parev.

NEW PRODUCTS

FOOD

BREAD

The Family Bread

Available from kosher stores.

KLBD ► Tortilla Wraps Spinach

- KLBD** ▶ Tortilla Wraps Tomato
- KLBD** ▶ Tortilla Wraps White
- KLBD** ▶ Tortilla Wraps Wholemeal

BUTTER

Lurpak

Only when bearing the OK-D logo on packaging.

- S D Cooks Range Baking
- S D Cooks Range Clarified
- S D Cooks Range Cooking Liquid
- S D Cooks Range Cooking Mist

Wyke Farms

- KLBD D ▶ Ivy's Original Salted
- KLBD D ▶ Ivy's Original Unsalted

CAKE DECORATING

Rainbow Dust

- S Paint Creator

Renshaw The Professionals Choice

- P Decor Ice Multipack Natural
- P Decor Ice Multipack Neon
- P Decor Ice Multipack Primary

CEREAL, FRUIT & NUT BARS

Dorset Cereals

- KLBD D** Almond, Brazil & Hazelnut
- KLBD D** Blackcurrant, Cherry & Raspberry

Kellogg's

None of the Special K Cereal Bars are kosher except for:
D Special K Hazelnut & Almond

Nakd

- KLBD** ▶ Bakewell Tart
- KLBD** ▶ Christmas Pud

Nature Valley

- S D ▶ Sweet & Nutty Chocolate

Rude Health

- KLBD** ▶ The Peanut

CEREALS

Dorset Cereals

- KLBD** Granola Simply Nut

Current batches of the following Dorset Cereals have the KLBD logo printed on the underside of box and it is not easily visible. They are still certified KLBD Parev.

- KLBD** Muesli Tasty Toasted Muesli Hazelnut & Brazil
- KLBD** Muesli Tasty Toasted Raspberry & Apple

Flahavan's

- KLBD ▶ Irish Organic Jumbo Oats

- KLBD ▶ Irish Organic Porridge Oats
- KLBD Irish Porridge Oats

Kellogg's

- S Coco Pops Choco Copters

Nestle

- P Shreddies Coco Caramel

Weetabix

- KLBD D Bran Flakes
- KLBD Weetabix Banana

CHEESE

Sol

- KLBD CY** Edam Slices
- KLBD CY** Gouda Slices

CHOCOLATE COOKING

M & S

- KLBD D Dark
- KLBD D Milk

COCONUT MILK

Renuka

- Available from ASDA.
- KLBD Coconut Milk

CONFECTIONERY

Aldi

- KLBD D Dairy Fine Mint Creme
- KLBD D Dairy Fine Surprises
- KLBD D Dairy Fine Turkish Delight
- KLBD D Dominion Chocolate Eclairs
- KLBD D Dominion Dairy Toffees

Co op

- KLBD D Dairy Fudge
- KLBD D Dairy Toffee
- KLBD D Milk Chocolate Eclairs
- KLBD D Toffee Assortment

Go Nutz

Available from kosher stores.

- KLBD** Chocolate Coated Almonds
- KLBD** Chocolate Coated Cashews
- KLBD** Chocolate Coated Cranberries
- KLBD** Chocolate Coated Hazelnuts
- KLBD** Chocolate Coated Peanuts
- KLBD** Chocolate Coated Pineapple & Papaya
- KLBD** Chocolate Coated Raisins

Jelly Belly

- S Beanaturals

M & S

- KLBD D Caramels Dark Chocolate
- KLBD D Caramels Milk Chocolate Soft
- KLBD D Double Devon Toffees
- KLBD D The Big Selection

Mars

- KLBD D ▶ Milky Way Miniatures
- KLBD D** Snickers More Caramel
- KLBD D** Snickers More Chocolate
- KLBD D** Snickers More Nuts
- KLBD D ▶ Twix Miniatures

Millions

- KLBD** Apple

Morrisons

- KLBD D Banoffee Eclairs
- KLBD D Chocolate Eclairs
- KLBD D Dairy Toffee
- KLBD D Dark Chocolate Mint Cremes
- KLBD D Liquorice Toffees
- KLBD D Milk Chocolate Caramels
- KLBD D Savers Dairy Toffee
- KLBD D Toffee Assortment
- KLBD D White Chocolate Eclairs

Nespresso (Coffee Machines)

- D Petits Carres Squares Dark Chocolate
- D Petits Carres Squares Milk Chocolate

Nestle

- D Breakaway Orange
- D Crunch White
- D Rolo Block
- NK** Wonka Chocolate Nice Cream

Sainsbury's

- KLBD D Basics Assorted Chocolates & Toffees
- KLBD D Basics Toffees
- KLBD D Chocolate Caramels
- KLBD D Chocolate Collection Box
- KLBD D Chocolate Mint Creme
- KLBD D Chocolate Soft Caramel
- KLBD D Chocolate Turkish Delight
- KLBD D Chocolate Velvety Truffle
- KLBD D Dairy Toffees
- KLBD D Peppermint Cremes
- KLBD D Taste the Difference Belgian Milk Chocolate Salted Caramels

Seed & Bean

- Available from selected health food stores and online from www.seedandbean.co.uk.
- KLBD D Cornish Sea Salt & Lime
- KLBD D Lemon & Poppy Seed

- KLBD D Raspberry & Vanilla
- KLBD D Rich Milk Chocolate
- KLBD D Sicilian Hazelnut & Almond
- KLBD D Tangerine

Symphony

- KLBD Handmade Pralines

Tesco

- KLBD D Collection Milk, Dark & White Chocolate Assortment
- KLBD D Dairy Toffee
- KLBD D Everyday Value Assorted Chocolates & Toffees
- KLBD D Everyday Value Milk Chocolate Eclairs
- KLBD D Everyday Value Toffees
- KLBD D Jam Roly Poly Toffees
- KLBD D Milk Chocolate Eclairs
- KLBD D Needlers Chocolate & Toffee
- KLBD D Needlers Chocolate Collection
- KLBD D Needlers Chocolate Creme & Delight
- KLBD D Needlers Chocolate Hazelnut
- KLBD D Summer Fruit Toffees

The Jelly Bean Factory

- S Heart Shaped

CRACKERS & CRISPBREADS

Jacob's

- KLBD Crackers Choice Grain
- KLBD Cream Crackers High Fibre

Tuc

- KLBD Crackers Original

CREAM

Charedi Dairies

- KLBD CY ► Double

CRISPS & SNACKS

Kettle

- KLBD Chips Sweet Potato Lightly Salted

Snyder's of Hanover

- S D Pretzel Pieces Cheddar Cheese
- S D Pretzel Pieces Honey & Mustard
- S D Pretzel Pieces Jalapeno

Special K

- D ► Cracker Crisps BBQ
- NK Cracker Crisps Sea Salt & Balsamic Vinegar
- D Cracker Crisps Sea Salt Original
- P Cracker Crisps Sweet Chilli

ENERGY DRINKS & SPORTS PRODUCTS

EQ8

- NK Cranberry & Apple
- NK Orange & Passion Fruit

FISH SMOKED

H Forman & Son

Available from supermarkets and online at www.formans.co.uk.

- KLBD Smoked Salmon

Tesco

Available from supermarkets with a kosher section. The identical product in the regular fish aisle is not KLBD certified.

- KLBD Smoked Salmon

- KLBD Smoked Salmon Finest Hickory & Oak Smoked

FLOUR

Doves Farm

- KLBD Buckwheat Grain
- KLBD Einkorn
- KLBD Heritage
- KLBD Khorasan
- KLBD Quinoa Grain
- KLBD Rye
- KLBD Spelt
- KLBD Teff
- KLBD White Bread
- KLBD White Self Raising
- KLBD Wholemeal Bread
- KLBD Wholemeal Buckwheat
- KLBD Wholemeal Plain
- KLBD Wholemeal Self Raising

M & S

- KLBD Flour Pasta
- KLBD Flour Whole Spelt
- KLBD Flour Wholemeal Rye

FRUIT DRIED

Go Nutz

Available from kosher stores.

- KLBD Cranberries

- KLBD Raisins

FRUIT SNACKS

Humzingers

- S Fruit Stix Favourites

GLUTEN/WHEAT FREE

ASDA

- KLBD Free From Flour Blend Plain
- KLBD Free From Flour Blend Self Raising

Big Oz

- S Cornflakes
- S Flaked Porridge
- S Flakes Brown Rice
- S Flakes Buckwheat
- S Flakes Crispy Brown Rice
- S Flakes Crispy Buckwheat
- S Flakes Crispy Millet
- S Flakes Crispy Multigrain
- S Flakes Millet
- S Flakes Quinoa
- S Gluten Free Mix
- S Jumbo Oats
- S Puffs Brown Rice
- S Puffs Buckwheat
- S Puffs Honey Brown Rice
- S Puffs Honey Pop Corn
- S Puffs Millet
- S Puffs Pop Corn

Doves Farm

- KLBD Baking Powder
- KLBD Bicarbonate of Soda
- KLBD Cookies Cocoa Crunch
- KLBD Cookies Fig & Quinoa
- KLBD Cookies Ginger
- KLBD Cookies Stem Ginger
- KLBD Flour Chickpea
- KLBD Flour Corn
- KLBD Flour Maize
- KLBD Flour Millet
- KLBD Flour Potato
- KLBD Flour Quinoa
- KLBD Flour Rice Brown
- KLBD Flour Tapioca
- KLBD Flour White Plain
- KLBD Grain Millet
- KLBD Grain Teff
- KLBD Vitamin C
- KLBD Xanthan Gum

M & S

- KLBD Gluten Free Flour Blend White

Nestle

- S ► Gluten Free Corn Flakes
- S ► Gluten Free Corn Flakes Honey

Udi's Gluten Free

Available from Tesco.

- S D Ancient Grain Crisps Aged Cheddar
- S D Ancient Grain Crisps Jalapeno Cheddar
- S Bagel Chips Cinnamon & Sugar
- S Breakfast Bars Blueberry
- S Breakfast Bars Strawberry
- S Granola Almond Vanilla Flavour
- S Granola Au Naturel
- S Granola Cranberry Walnut
- S Toaster Pastries Apple Cinnamon
- S Toaster Pastries Strawberry

Walkers

- S D ► Gluten Free Shortbread
- S D ► Gluten Free Shortbread Chocolate Chip
- S D ► Gluten Free Shortbread Lemon & Ginger

HEALTH FOODS

Chi

- KLBD** ► Coconut Oil

Available from Whole Foods, Planet Organic, Amazon, Selfridges and Natural Kitchen.

HONEY

Rowse

- KLBD** Baking Dark & Rich
- KLBD** Baking Light & Mild
- KLBD** Chinese Squeezy
- KLBD** English Wildflower Set
- KLBD** Greek Squeezy
- KLBD** Hint of Apple Squeezy
- KLBD** Hint of Cinnamon Squeezy
- KLBD** Hint of Raspberry Squeezy
- KLBD** Wildflower Squeezy

HOT DRINKS

Nespresso (Coffee Machines)

- P Arpeggio
- P Bukeela Ka Ethiopia
- P Capriccio
- P Cosi
- P Decaffeinato
- P Decaffeinato Intenso
- P Decaffeinato Lungo
- P Dharkan
- P Dulsao Do Brasil
- P Indriya from India
- P Kazaar
- P Livanto
- P Lungo Fortissio

- P Lungo Linizio
- P Lungo Vivalto
- P Ristretto
- P Roma
- P Rosabaya De Colombia
- P Volluto

ICE CREAMS, LOLLIES & SORBETS

Ben & Jerry's

- S D All Or Nutting
- S D Core Karamel Sutra
- S D Greek Raspberry Chocolatey Chunk
- S D Greek Strawberry Shortcake
- S D Greek Vanilla Honey Caramel

Cadbury

- D Creme Egg Cone
- D Dream Strawberry Stick
- D Nuts About Caramel Stick

Calyпсо

- KLBD Freezepops Mr Freeze Orange
- KLBD Freezepops The Muppets

Carte D'Or

- D Rum & Raisin Tub

Coyo

- KLBD** Mango & Lime
- KLBD** Natural
- KLBD** Pina Colada
- KLBD** Raw Chocolate
- KLBD** Sticky Date & Tamarind
- KLBD** Vanilla & Nutmeg

Wall's

- P Calippo Bubblegum
- P Calippo Strawberry

Approval only applies to Calippo Strawberry sold singly. Multipacks are not approved.

- P Solero Mojito Stick
- D Viennetta Strawberry

JAMS & FRUIT SPREADS

Granny Cool

- KLBD D** ► Curd Ginger
- KLBD D** ► Curd Lemon
- KLBD D** ► Curd Lime
- KLBD** ► Marmalade Lime
- KLBD** ► Marmalade Orange & Lemon with Ginger
- KLBD** ► Marmalade Three Fruit Cinnamon
- KLBD** ► Three Fruit Marmalade

Mackays

- KLBD ► Conserve Morello Cherry

LOW PROTEIN FOODS

Mevalia

- P Mix Bread
- P Mix Cake
- P Pasta Anellini
- P Pasta Fusilli
- P Pasta Penne
- P Pasta Spaghetti

MEAT PRODUCTS

Frohwein's

Sold in Kosher Deli and other kosher stores.

- KLBD MEATY** ► Beef Burgers
- KLBD MEATY** ► Meatballs
- KLBD MEATY** ► Sliders Mini Burgers

MILK

Charedi Dairies

- KLBD CY** ► 1%

MILK SHAKES & MIXES

Marley's

- S D One Drop Coffee
- S D One Drop Mocha
- S D One Drop Vanilla Light

NUTS & SEEDS

Cofresh

- KLBD ► Peanuts Dry Roasted

Go Nutz

Available from kosher stores.

- KLBD** Almonds
- KLBD** Almonds Dry Roasted
- KLBD** Almonds Dry Roasted & Salted
- KLBD** Almonds Raw
- KLBD** Cashew
- KLBD** Cashews Dry Roasted
- KLBD** Cashews Dry Roasted & Salted
- KLBD** Cashews Raw
- KLBD** Hazelnut
- KLBD** Hazelnuts Dry Roasted
- KLBD** Hazelnuts Dry Roasted & Salted
- KLBD** Hazelnuts Raw
- KLBD** Macadamia
- KLBD** Macadamias Dry Roasted
- KLBD** Macadamias Dry Roasted & Salted
- KLBD** Macadamias Raw

- KLBD** Peanut
- KLBD** Peanuts Dry Roasted
- KLBD** Peanuts Dry Roasted & Salted
- KLBD** Peanuts Dry Roasted Barbeque Flavoured
- KLBD** Peanuts Dry Roasted Chilli Flavoured
- KLBD** Peanuts Dry Roasted Cream & Onion Flavoured
- KLBD** Peanuts Dry Roasted Curry Flavoured
- KLBD** Peanuts Dry Roasted Tomato Flavoured
- KLBD** Peanuts Honey Flavoured
- KLBD** Peanuts Raw
- KLBD** Pecan
- KLBD** Pecans Dry Roasted
- KLBD** Pecans Dry Roasted & Salted
- KLBD** Pecans Raw
- KLBD** Pistachio
- KLBD** Pistachios Dry Roasted
- KLBD** Pistachios Dry Roasted & Salted
- KLBD** Pistachios Raw
- KLBD** Walnuts
- KLBD** Walnuts Dry Roasted
- KLBD** Walnuts Dry Roasted & Salted
- KLBD** Walnuts Raw

Quibbles

Sold in kosher stores and independent health food shops.

- KLBD** ▶ A Nut To Remember
- KLBD** ▶ Chilli Chilli Bang Bang
- KLBD** ▶ Honey Bee Mine
- KLBD** ▶ Three Nuts & A Cranberry
- KLBD** ▶ When We Were Nuts

Snaxs

Available from kosher stores.

- KLBD** Almonds Raw
- KLBD** Almonds Roasted Salted
- KLBD** Cashews Raw
- KLBD** Cashews Roasted Salted
- KLBD** Mixed Nuts Roasted Salted
- KLBD** Peanuts & Raisins
- KLBD** Peanuts Roasted Salted
- KLBD** Pistachios Roasted Salted

OIL

Good

- KLBD** Hemp Mild & Light
- KLBD** Hemp Original

PEANUT & OTHER NUT BUTTERS

Peanut Butter & Co

- S** ▶ Dark Chocolate Dreams
- S** ▶ Old Fashioned Crunchy
- S** ▶ Old Fashioned Smooth

POPCORN

Popz

- KLBD** ▶ Ready Salted 50% Less Fat

RICE

Amira

Available in selected natural food stores and gourmet/speciality markets.

- KLBD** ▶ Natural Red
- KLBD** ▶ Organic Basmati Brown
- KLBD** ▶ Organic Red
- KLBD** ▶ Organic Sona Masoori

Uncle Ben's

- NK** Pouches Special
- NK** Pouches Classic

RICE & CORN CAKES

Kallo

- P** Rice Cakes Savoury

SALAD DRESSINGS & MAYONNAISE

Branston

- P** Mayo Peri Peri
- P** Mayo Sweet Chilli
- P** Salad Cream

Kraft

- NK** Honey & Mustard Light

SALT LOW SODIUM

Saxa

- P** So Low

SAVOURY SPREADS

Sanitarium

- P** ▶ Marmite
- P** ▶ NZ Mite

SOFT DRINKS

Coca Cola

- P** ▶ Life

JuiceBurst

- NK** Apple & Blueberry
- NK** Apple & Rhubarb
- NK** Pomegranate & Blueberry
- NK** Skinny Mango & Lime
- NK** Still Lemonade

Pepsi

- P** ▶ Max Cherry

Rio

- P** Citrus

SOYA CHEESE

Sheese

- KLBD** ▶ Cheddar Style Melty Smoked

SOYA CREAM

Alpro

- P** Rice Cuisine

SOYA DESSERTS

Alpro

- P** Gingerbread Man

Pudology

Sold in selected branches of Tesco, Sainsbury's and Waitrose, independent health food shops, online from Ocado and in London Selfridges.

- KLBD** ▶ Banoffee Pud
- KLBD** ▶ Chocolate Orange Pud
- KLBD** ▶ Chocolate Pud
- KLBD** ▶ Millionaires' Pud
- KLBD** ▶ Strawberry Pud

The Bridge

Email info@suma.coop or call 01442 313845 for list of distributors in your area.

- KLBD** ▶ Oat Chocolate
- KLBD** ▶ Oat Vanilla
- KLBD** ▶ Rice Choco
- KLBD** ▶ Rice Vanilla

SOYA MILK

Alpro

- P** Hazelnut Chilled
- P** Hazelnut UHT
- P** Soya Simply Mild Chilled
- P** Soya Simply Mild UHT

Rude Health

- KLBD** Coconut

SOYA MILK & OTHER MILK SUBSTITUTES

The Bridge

Only kosher when bearing the KLBD logo. Email info@suma.coop or call 01442 313845 for list of distributors in your area.

- KLBD** ▶ Oat
- KLBD** ▶ Oat + Calcium
- KLBD** ▶ Rice
- KLBD** ▶ Rice + Almond
- KLBD** ▶ Rice + Calcium

SUGAR FREE CONFECTIONERY

Ricola

- P Sugar Free Liquorice
- P Sugar Free Mountain Mint

SWEETENERS

Canderel

- KLBD Granular Green Stevia
- KLBD D Green Stevia Tablets
- KLBD Yellow Crunch
- KLBD D Yellow Tablets

Pure Via

- KLBD Cubes
- KLBD Granular

Sweetly Stevia

- KLBD ► Granulated

Truvia

All products bear the Silver Spoon logo on the packaging.

- P Baking Blend
- P Jar
- P Pouches
- P Sachets
- D Tablets

SYRUPS & TOPPINGS

Buckwud

- KLBD Syrup Shack

Sweet Freedom

- NK ► Choc Shot

VEGETABLES DRIED

Clic

Checked and free of infestation. All bear a sticker with the KLBD logo. Available from kosher stores.

- KLBD Black Eye Beans
- KLBD Black Turtle Beans
- KLBD Chick Peas
- KLBD Chulent Mix
- KLBD Dark Red Kidney Beans
- KLBD Green Split Peas
- KLBD Large Lima Beans
- KLBD Quinoa
- KLBD Red Lentils
- KLBD Red Light Kidney Beans
- KLBD Small Red Beans
- KLBD White Kidney Beans
- KLBD Yellow Popcorn
- KLBD Yellow Split Peas

Great Scot

- KLBD Black Eyed Beans
- KLBD Onions

WORLD FOODS

Clearspring

The non-organic version of this product is not approved.

- P ► Wasabi Powder Organic

Yutaka

- P ► Noodles Kishimen
- P ► Noodles Soba
- P ► Noodles Somen
- P ► Noodles Udon

YOGHURTS & DAIRY DESSERTS

Little Yeos

- NK Yeotubes

Muller

- NK Corner De Luxe

ALCOHOL

CIDER & PERRY

Henry Westons

- KLBD ► Cider Medium Dry
- KLBD ► Cider Vintage

Westons

- KLBD ► Wyld Wood Cider Organic
- KLBD ► Wyld Wood Cider Organic Pear
- KLBD ► Wyld Wood Cider Organic Perry
- KLBD ► Wyld Wood Cider Organic Still

COCKTAIL SYRUPS

Funkin Pro

- P Puree Banana
- P Puree Blackberry
- P Puree Blackcurrant
- P Puree Blueberry
- P Puree Green Apple
- P Puree Kiwi
- P Puree Lemon
- P Puree Lime
- P Puree Lychee
- P Puree Mango
- P Puree Mixed Berry
- P Puree Morello Cherry
- P Puree Passion Fruit
- P Puree Pineapple
- P Puree Pomegranate
- P Puree Raspberry

- P Puree Strawberry
- P Puree White Peach
- P Puree William Pear

HOME BREWING

Coopers

- P ► Malt Extract Dark
- P ► Malt Extract Wheat

LIQUEURS

Cointreau

- NK Noir

Luxardo

- KLBD ► Aperitivo
- KLBD ► Sambuca Chilli & Spices
- KLBD ► Sambuca Cola
- KLBD ► Sambuca Pear
- KLBD ► Sanguie Morlacco Cherry

RUM

Angostura

- P No 1

VODKA

Absolut

- P 100
- P Peppar

MEDICINES

COUGHS & COLDS

- P ► Boots Cold & Flu Max Relief Blackcurrant Sachets
- P Care+ Pholcodine Paediatric Linctus
- P Cofsed Pholcodine Paediatric Linctus
- P Lemsip Max Apple & Cinnamon Sachets

DIARRHOEA

- P Oralyte Blackcurrant Drink

HAYFEVER & ALLERGIES

- P Piriteze Allergy Syrup

INDIGESTION & ULCERS

- P Tesco Indigestion Peppermint Tablets

LIQUID FEEDS & DIETARY PRODUCTS

- P Multithick
- D Souvenaid

ORAL HYGIENE

Available from kosher stores.

- S Dentiplus Alcohol Free

Available from most retail pharmacies including Boots and Tesco.

S Ultradex Oral Rinse Recalcifying

PAIN KILLERS

P Boots Aspirin & Codeine Soluble
P Boots Aspirin Dispersible Tablets
P Boots Aspirin Soluble
P Boots Clear Dispersible Pain Relief Tablets
P Boots Headache & Indigestion Tablets
P Boots Headache Relief
P Boots Ibuprofen Tablets
P Boots Pain Relief Tablets
P Hedex Extra Tablets
P Hedex Ibuprofen Tablets

PAIN KILLERS JUNIOR

D ► Pinewood Paracetamol Suspension

PRESCRIPTION ONLY MEDICINES

P Acidex Compound Liquid
NK Revatio Powder
NK Risperidone Orodispersible Tablets

SORE MOUTHS

P Bonjela Junior

SORE THROATS

P Boots Dual Action Honey & Lemon Lozenges
P TCP Original Liquid

VITAMINS & MINERALS JUNIOR

NK Centrum Kids Chewables
NK ► Haliborange Mr Men Little Miss Omega 3 & Multivitamin Orange Softies

VITAMINS, MINERALS & HERBAL REMEDIES

P Forceval Dispersible
NK Nature's Plus Adults Multi Vitamins Chewable
P ► Pregnacare Conception His & Her Tablets
NK Pregnacare New Mum Tablets

CLEANING

GENERAL PURPOSE

Astonish

KLBD Grease Off Spray & Wipe
KLBD Tile & Mirror
KLBD Window & Glass Cleaner

WASHING UP LIQUID

Astonish

KLBD Washup Lemon & Ginger

DELISTED PRODUCTS

The following products are **no longer approved** due to lack of up to date information and should therefore not be used:

► Barratt Dip Dab & Frosties Fizzy p.40
Baron's Pickled Herring p.56
Baron's New Green Cucumbers p.79
► Butterkist Popcorn p.79
► Clearspring Wasabi Powder p.102
► Gourmet Thins p.49
► Jameson's Chocolates p.43
Slimming World Hi Fi Deluxe Peanut Heaven Bar p.85
► Taveners Fruit Jellies p.48
Wall's Magnum Mint Stick p.72

KEY

► = New information since previous update

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

CY = Chalav Yisrael

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinate

NK = Not Kosher