



LONDON BETH DIN UPDATE MAY 2017

For the latest information visit

www.isitkosher.uk

Works offline and also available as an Android App

KLBD LICENSEE NEWS

New KLBD Licensed Caterer:

M&M Events

Tel: 020 7781 8141

info@mmkosher.com

www.mmkosher.com

CHANGES

KEY

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinates

NK = Not Kosher

FOOD

BABY MILKS

SMA p23

Was listed in the guide as approved Dairy, but is in fact Parev.

P Alfamino

BISCUITS

Nespresso p25

Were previously approved Parev, but are now approved Dairy.

D Amaretti

CEREAL, FRUIT & NUT BARS

Kellogg's p31

Previously listed as certified Dairy, is now Not Kosher.

NK Special K Hazelnut & Almond

GLUTEN/WHEAT FREE FLOUR, MIXES & BAKING INGREDIENTS

Glutafin p64

Approval of all Glutafin Bread Mixes now covers the yeast sachets.

The following Mixes were approved Dairy, but have changed formulation and are now approved Parev.

P Mix Fibre Bread

P Mix Multipurpose Fibre

ICE CREAMS, LOLLIES & SORBET

Calypso p72

Previously listed as approved Parev, are now KLBD certified Parev.

KLBD Multipack Freezepsos Disney

KLBD Multipack Freezepsos Marvel

ALCOHOL

LIQUEURS

Bols p113

Previously listed as approved Parev, is now Not Kosher.

NK Vieux

WHISKEY

Please note the following changes to our guidelines for Irish whiskey and new advice regarding whiskey produced in other countries, as printed in The Really Jewish Food Guide 2017. Our guidelines for Scotch whisky remain unchanged.

All Irish Whiskey is now approved. As a direct result of the work of the KLBD with the distillers, Irish legislation has been changed and it is no longer permitted to add flavour enhancers (including those which are wine based) to Irish whiskey. This applies to all whiskey bottled in Ireland since mid 2009.

Other whiskies produced overseas (American, Japanese, Norwegian etc) are not necessarily subject to the above mentioned controls and only those kosher certified or approved can be recommended.

SUPPLEMENTS

OMEGA OILS FISH

P Seven Seas Cod Liver Oil Gelatine Free High Strength Capsules

Dropped from the 2017 guide after having been re-formulated in gelatine capsules, have now changed back to vegetarian capsules and they say 'Gelatine Free' on the box. Packaging also has the wording 'Simply Timeless'.

NEW PRODUCTS

FOOD

BABY FOODS

Ella's Kitchen

NK 4+ Carrots, Peas & Kale

NK 4+ Peas, Broccoli & Potatoes

NK 4+ Pumpkin Broccoli & Sweetcorn

NK 4+ Squash, Sweet Potatoes & Parsnips

BABY MILKS

Aptamil

Listing covers powder and ready to feed versions.

D Profutura First Infant 1

D Profutura Follow On 2

D Profutura Growing Up 3

Nutramigen

D Puramino

BABY SNACKS

Ella's Kitchen

P Oaty Fingers Bananas & Raisins

BREAD

Everfresh

Available from Planet Organic and a selection of products are available from Holland & Barrett.

KLBD Sprouted Rye

KLBD Sprouted Spelt

KLBD Sprouted Wheat

CEREAL, FRUIT & NUT BARS

Hangry Food Co

Available from Holland & Barrett and independent health food shops. For a list of stockists visit www.hangryfood.co.uk.

KLBD Berry the Rage

KLBD Cranky Cocoa

KLBD Original Nutter

Nakd

KLBD Cocoa Coconut

KLBD Lemon Drizzle

CEREALS

Kellogg's

P Disney Moana Multigrain

Lizi's

Available from www.lizis.co.uk and other online retailers. Selected products available from supermarkets. Not to be confused with Lizi's On the Go and Go Go products which are neither certified nor approved.

KLBD	Granola Belgian Chocolate
KLBD	Granola High Protein
KLBD	Granola Low Sugar
KLBD	Granola Mango Macadamia
KLBD	Granola Organic
KLBD	Granola Original
KLBD	Granola Passionfruit Pistachio
KLBD	Granola Pink Apple & Cinnamon
KLBD	Granola Treacle & Pecan

Moores

Available from independent retailers.

KLBD Granola Apple & Blackcurrant

KLBD Granola Exotic Fruits

Rude Health

KLBD Oats Banana Berry

COFFEE & COFFEE ALTERNATIVES

Beanies Flavour Coffee

The following flavours are kosher certified. List refers to regular and decaf products where applicable. Selected KLBD certified flavours available from Tesco and Sainsbury's. All KLBD certified flavours available online from www.beaniesflavourco.co.uk.

KLBD	Amaretto Almond
KLBD	Chocolate Double
KLBD	Coconut Delight
KLBD	Cookie Dough
KLBD	Creamy Caramel
KLBD	Irish Cream
KLBD	Nutty Hazelnut
KLBD	Very Vanilla

CONFECTIONERY

Ferrero

D Rocher Grand

Kinder

D Bueno Dark
D Chocolate Cereals

Includes Kinder Chocolate Cereal Mini.

Mars

KLBD D Galaxy Swirlers Crunch Caramel

KLBD D Galaxy Swirlers Crunch Shorthbread

Nespresso

Available from Nespresso shops, online from www.nespresso.com/uk, tel: 0800 442 442.

D	Dark Chocolate Raspberry
D	Milk Chocolate Crunchy Corn

Nestle

D	Kit Kat Snap & Share Cookies & Cream
D	Kit Kat Snap & Share Milk Chocolate
D	Kit Kat Toffee Treat

Nutella

D Nutella & Go

Plamil

Available from independent health and wholefood shops and online from www.plamilfoods.co.uk.

KLBD	Organic Dairy Free Chocolate Bears
KLBD	Organic Dairy Free Chocolate Hearts

The Raw Chocolate Co

KLBD Chocolate Golden Berries

DAIRY FREE CHEESE

Sainsbury's Free From

KLBD Grated Cheddar Style

Sheese

Available in health shops & kosher stores. Online from www.goodnessdirect.co.uk and www.veggiestuff.com.

KLBD	Grated Cheddar Style Mature
KLBD	Grated Cheddar Style Mild
KLBD	Grated Mozzarella Style

Tesco Free From

KLBD	Blue
KLBD	Grated Italian Style Hard
KLBD	Grated Mozzarella
KLBD	Mature Cheddar
KLBD	Slices Red Leicester
KLBD	Smoked
KLBD	Soft Cheese
KLBD	Wensleydale Cranberries

DAIRY FREE MILK

Alpro

P Soya Simply Mild Fresh

DELICATESSEN

Hoffmans

Available from kosher shops.

KLBD Fish Mix Frozen Chopped

ENERGY & PROTEIN SNACKS

Nature Valley

S D Bar Protein Salted Caramel Nut

Trek

KLBD	Chunks Cocoa Peanut Peak
KLBD	Chunks Cranberry Kick
KLBD	Chunks Toffee Triumph

FISH CANNED

John West

NK	Creations
NK	Infusions
NK	Light Lunch
P	Sardines Grilled
NK	Spreadables

FLAVOURINGS

Steenbergs

Available online from Ocado and Amazon.

KLBD	Extract Lemon
KLBD	Extract Natural Almond
KLBD	Extract Orange
KLBD	Extract Peppermint
KLBD	Extract Vanilla
KLBD	Orange Blossom Water
KLBD	Rose Water
KLBD	Sugar Cinnamon
KLBD	Sugar Lemon
KLBD	Sugar Rose
KLBD	Sugar Vanilla

FRUIT SNACKS

Bear

Available from Tesco and Sainsbury's.

KLBD	Yoyos Super Sour Blackcurrant & Apple
KLBD	Yoyos Super Sour Mango & Apple
KLBD	Yoyos Super Sour Strawberry & Apple

Humzingers

S	Fruit & Oat Sticks Strawberry & Raspberry
S	Fruit Sticks Raspberry
S	Fruit Sticks Strawberry

GLUTEN/WHEAT FREE CEREALS

Lizi's

Available from www.lizis.co.uk and other online retailers.
KLBD Granola Gluten Free

GLUTEN/WHEAT FREE CRACKERS & MATZA

Le Pain des Fleurs

Only when bearing the OK logo. Please note that Fig Crispbread is neither kosher certified nor approved.
S Crispbread

HONEY

Tiptree

A selection of 28g KLBD certified honey pots. Available from kosher shops, John Lewis and Selfridges.

KLBD The Honey Selection

ICE CREAMS, LOLLIES & SORBET

Del Monte

P Smoothie Lemon Lolly

SLIMMERS FOODS

Lipotrim

D Flapjack Coconut
D Flapjack Peanut
D Soup Mix Cream of Vegetable

Ortis

P PurePlan Detox Apple

Slim Fast

NK Noodles All Varieties

SOFT DRINKS

Juice Burst

P Apple Cloudy

SOUP & STOCK

Marigold

P Engevita Yeast Flakes
P Engevita Yeast Flakes B12

SPICES, HERBS & SALTS

Steenbergs

Available online from Amazon.

KLBD Celery Salt
KLBD Chilli Salt
KLBD Matcha Salt
KLBD Vanilla Salt

SWEETENERS

Puresweet

Available in store and online from www.yourhealthstore.co.uk, kosher shops and other online retailers.

KLBD Erythritol

Whole Earth Sweetener Co

Available from Sainsbury's.
KLBD Brown Cane Sugar Stevia
KLBD Sweet Granules Stevia
KLBD Sweet Mini Cubes Stevia

YOGHURT DRINKS

Yoplait

D Frubes Strawberry
D Frubes Strawberry Banana

YOGHURTS & DAIRY DESSERTS

Muller

NK Simply Bliss All Varieties

The Collective

NK Suckies

Yoplait

D Frubes Tubes Strawberry
D Frubes Tubes Strawberry, Red Berries & Peach
D Liberte Blueberry
D Liberte Honey
D Liberte Mango
D Liberte Natural
D Liberte Strawberry
D Petits Filous Squeezy Apricot
D Petits Filous Squeezy Banana
D Petits Filous Squeezy Raspberry
D Petits Filous Squeezy Strawberry
D Petits Filous Squeezy Vanilla
D Super Fruitii Mango Papaya Aloe Vera

ALCOHOL

BEER

Estrella Galicia

Selected products available from Barrafinna, Harrods, Marks & Spencer, Morrisons, Noble Green Wines, Selfridges, Shepherds Foods (Regent Park Road), Tapas Revolution, Waitrose, Whole Foods Market and www.slurp.co.uk.

KLBD 0,0
KLBD 1906 Black Coupage
KLBD 1906 Reserva Especial
KLBD Cerveza Especial

CIDER & PERRY

Thistly Cross Cider

Certified with or without the KLBD logo. Available from independent retailers and online from www.thistlycrosscider.co.uk.

KLBD Original
KLBD Real Elderflower
KLBD Real Ginger
KLBD Real Strawberry
KLBD Traditional
KLBD Whisky Cask

LAGER

Estrella Galicia

KLBD Premium

OVER THE COUNTER MEDICINES

COUGHS & COLDS

P Care+ Pholcodine Linctus
P Care+ Simple Linctus

CYSTITIS

P Pure Encapsulations Cranberry NS Capsules

SORE THROATS

P Halls Sugar Free Zingy Citrus

PRESCRIPTION ONLY MEDICINES

LIQUID FEEDS

D Fortini Creamy Fruit Berry Yoghurt
D Fortini Creamy Fruit Summer Yoghurt
P Nutricia MCT Oil Liquid
P Thixo D Original
D Vital 1.5 Kcal Liquid

PRESCRIPTION ONLY MEDICINES

D Eliquis Tablets
P Enterosgel Sachets

SUPPLEMENTS

AMINO ACIDS

P Lamberts L Carnitine Capsules
P Lamberts L Theanine Capsules

FEMALE HEALTH

For stockists, see www.highfieldvitamins.com or call 0800 246 1458.

S Highfield Raspberry Leaf Capsules

FOLIC ACID

P Pure Encapsulations Folic Acid Capsules

IMMUNITY

P Pure Encapsulations Curcumin Capsules

IRON SUPPLEMENTS

P Cytoplan Wholefood Iron Capsules

MALE HEALTH

P Pure Encapsulations SP Ultimate Capsules

MULTIVITAMINS & MINERALS

P Bio Health Fenugreek Seed Capsules
P Cytoplan Biotin Tablets
P Cytoplan Wholefood Multi 50 Plus Capsules
P ProThera Ashwaganda Extract Capsules
P ProThera Berberine Capsules

- P Pure Encapsulations Multi T D Capsules
- P Pure Encapsulations Pure Heart K2D Capsules
- P Pure Encapsulations Uric Acid Formula Capsules
- P Pure Encapsulations Zinc Capsules

PREGNANCY & NEW MOTHER

- P Better You Dlux Pregnancy Spray
- P Rose Prenatal Capsules

Available from Rose Nutrition. Tel: 020 8800 9193.

PROBIOTICS & DIGESTIVE AIDS

- P Bio Health Psyllium Husk Capsules
- P Bio Health Slippery Elm Capsules
- P Lamberts Cinnamon Tablets
- P Lamberts Lactase Tablets
- D Proven Cardioprotective Capsules

SLEEP REMEDIES & TRANQUILLISERS

- P ProThera Therasleep Capsules

STRESS & ENERGY

- P Pure Encapsulation Emotional Wellness Capsules

VITAMIN B

- P Better You Boost B12 Spray
- P Cytoplan Multi B Extra Tablets
- S Highfield Vitamin B12 Tablets
- P Pure Encapsulations Vitamin B12 Capsules

VITAMIN D

- P Better You Dlux 1000 Spray
- P Better You Dlux 3000 Spray
- P Invita D3 Drops

VITAMINS & MINERALS FOR CHILDREN

- P Better You Dlux Infant Spray
- P Better You Dlux Junior Spray

WEIGHT LOSS

- P ProThera Theraslim Capsules

DELISTED PRODUCTS

No longer approved and should not be used:

- Holex Chocolates
- Lindt Excellence Dark Chilli
- KP Crisps
- Swizzels Matlow Crystal Fruits
- Swizzels Matlow Crystal Liquorice
- Swizzels Matlow Crystal Mints
- Swizzels Matlow Drops Coffee
- Swizzels Matlow Drops Lemon
- Swizzels Matlow Drops Rainbow

- Zaramamas Gourmet Popping Corn
- Zaramamas Pop a Cob

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