



LONDON BETH DIN UPDATE AUGUST 2020

This update to *The Really Jewish Food Guide 2020* replaces all previous updates.

► = New information since previous update

For the latest information visit

isitkosher.uk

Works offline and also available as an Android App

KLBD LICENSEE NEWS

New KLBD Licensed Caterers:

Dirty Plate

Tel: 07470 668 821

dirtyplate555@gmail.com

Dirty Plate is the future of desserts. We combine show with unusual flavours. Our team will make sure no one forgets your event. Our uniqueness is that we make all the desserts in front of the guests with techniques from the high-end kitchens.

Dvash

Tel: 07813 833447

miri@dvash.co.uk

www.dvash.co.uk

Boutique catering. Internationally renowned chef Meir Adoni. Medley of Eastern techniques and Western flavours. Rich dishes and feasting experiences seize the appetite and imagination. Lavish banquet for 1000 or intimate dinner for 10, we can provide for every occasion.

► **Feast by Ed Shaerf**

Tel: 0161 834 8844

hello@kosherfeast.com

www.kosherfeast.com

Modern, innovative, elegant events across the UK and Europe. Bespoke menus for every client with detail and a personal touch. Ed Shaerf has worked with top restaurants and chefs including Gordon Ramsay, Simon Rogan and The Ivy London.

Mango Events

Tel: 07983 595518

info@mangokosherevents.co.uk

mangokosherevents.co.uk

New KLBD Licensed Restaurants:

► **Balagan (Glatt Meat)**

47 Shenley Road

Borehamwood WD6 1AE

Tel: 020 7112 9253

Chikchak Noodles (Glatt Meat)

29 Shenley Road

Borehamwood WD6 1AE

Tel: 020 7112 9154

hello@chikchak.co.uk

www.chikchaknoodles.co.uk

The first kosher build your own noodles in the UK. we offer fresh handmade sushi, fancy yet cheap.

Speciality dishes like 7 types of

chicken wings and chips,

Ramen soup and Poke bowls.

Novellino Bistro (Glatt Meat)

111a -113 Golders Green Road

Golders Green NW11 8HR

Tel: 020 8248 5678

www.novellinorestaurant.com

Sushi Haven (Glatt Meat)

Was Parev, now Glatt Meat

98a Golders Green Road

Golders Green NW11 8HB

Tel: 020 8123 0555

info@sushihaven.co.uk

www.sushihaven.co.uk

New KLBD Licensed Bakery:

► **Grodzinski J & Daughters**

4-6 The Promenade

Edgwarebury Lane

Edgware HA8 7JZ

Tel: 020 8958 1205

edgware@grodz.co.uk

www.grodz.co.uk

New KLBD Licensed Food Manufacturer:

MyKoCo

Unit A4 Connaught Business Centre

Hyde Estate Road

London NW9 6JL

Tel: 020 7561 7099

contact@mykoco.co.uk

www.mykoco.co.uk

CHANGES

KEY

► = New information since previous update

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinate

NK = Not Kosher

FOOD

AMAZON FRESH

Warning: Take care when using the search term 'Kosher' on Amazon Fresh, as non-kosher meat products are included in the search results.

CAKE DECORATING

PME p33

Previously only came in 236g bottle (with logo), but now comes in both 100ml and 600ml aerosol cans (no logo)

KLBD ► Release a Cake

CEREALS

Tesco

Still approved, even if not bearing the code 0953 on the packaging.

P Fruit & Fibre

Weetabix p38

Was KLBD Dairy, but has changed formulation and is now KLBD Parev.

KLBD ► Weetos Chocolatey Hoops

CHIPS

McCain p39

Previously called Oven Chips Original Straight Cut, are still KLBD certified.

KLBD Oven Chips Naked Straight (907g)

COOKING CHOCOLATE

Dr Oetker p49

Previously approved Dairy, now Parev.

- P Dark 54%
- P Extra Dark 725

CRISPS & SNACKS

Cofresh

Chilli & Lemon Corn Nuts have been mis-labelled with a KLBD logo. They are neither certified nor approved.

FISH

▶ Reminder: Basa Fish, commonly sold in supermarkets, is a non-kosher fish.

ICE CREAMS, LOLLIES & SORBET

Wall's p76

Previously only multipacks were approved, but now ice creams sold individually are also approved.

- D Feast Chocolate Stick

PEANUT & NUT BUTTERS

Skippy p84

Reminder: Jars of peanut butter not bearing a hechsher are not approved. Jars bearing the OU logo are available from kosher stores and Costco.

Sun Pat p84

Were previously listed as Not Kosher, but are now approved Parev. Covers both Smooth and Crunchy varieties. 15g portions not included.

- P ▶ Peanut
- P ▶ Peanut No Added Sugar
- P ▶ Peanut Protein+

SAUCES & CONDIMENTS

Tiptree p89

Now KLBD certified in 210g and 790g jars. Other Tiptree Sauces are Not Kosher.

- KLBD ▶ Sauce Wild Cranberry

SNACK BARS

Cofresh

Coconut, Peanut and Sesame Bars are no longer KLBD certified and are not approved. Old stock bearing the KLBD logo is still permitted.

Jordans p91

Previously Not Kosher, has changed formulation and is now approved Parev.

- P ▶ Frusli Red Berries

SPICES, HERBS & SALTS

Schwartz p100

Previously approved Parev, now Not Kosher. Jars already purchased may be used up.

- NK Garlic Salt
- NK Onion Salt

NEW PRODUCTS

FOOD

BABY CEREALS

Ella's Kitchen

- P ▶ 6+ Porridge Dairy Free Pear & Fig

BABY FOODS

Ella's Kitchen

- P ▶ 6+ Yogurt Dairy Free Banana

BABY SNACKS

- D ▶ Strawberry & Banana Muffins

BAKING POWDER

Greenfields

For online purchases see www.souschef.co.uk.

- KLBD ▶ Baking Powder
- KLBD ▶ Bicarbonate of Soda

BISCUITS

Walkers

- S D Cookies

BREAD

Hovis

Only certified when bearing the KLBD logo. Pas Palter. Not to be confused with Seed Sensations Seven Seeds 400g which is not kosher certified.

- KLBD ▶ Seed Sensations Half Loaf Full Slice

Le Bosquet

Pas Yisrael. Available from kosher shops.

- KLBD ▶ Brioche Chocolate Chips

Warburtons

Pas Palter. Available from Iceland.

- KLBD ▶ Buns Wonder
- KLBD ▶ Loaf Wholemeal Thick

CAKE DECORATING

PME

- NK ▶ Natural Colour Violet

Preema

- P ▶ Food Colour Powder Bright Red
- P ▶ Food Colour Powder Green
- P ▶ Food Colour Powder Orange

CEREALS

Alpen

- KLBD D ▶ Chocolate

Jordans

- P ▶ Country Crisp Fruit & Nut
- P ▶ Country Crisp Organic
- P ▶ Country Crisp Super Berry
- P ▶ Crunchy Oat Granola Fruit & Nut
- D ▶ Crunchy Oat Granola Milk Chocolate & Orange
- P ▶ Granola Low Sugar Almond & Hazelnut
- P ▶ Granola Low Sugar Cherry & Almond
- P ▶ Granola Organic Dark Chocolate & Coconut
- P ▶ Granola Simply Hint of Honey
- P ▶ Granola Super 3 Seeds
- P ▶ Granola Super Fruity
- P ▶ Granola Super Nutty
- P ▶ Muesli Four Nut
- P ▶ Muesli Fruit & Nut
- P ▶ Muesli Natural No Added Sugar
- P ▶ Muesli Organic
- P ▶ Muesli Organic Super Fruits
- P ▶ Muesli Truly Fruity

Kellogg WK by Kids

- D ▶ Multigrain Shapes Blueberry, Apple & Beetroot
- D ▶ Multigrain Shapes Strawberry, Apple & Carrot

Kellogg's

- P All Bran Prebiotic Oaty Clusters Almond & Pumpkin Seeds
- P All Bran Prebiotic Oaty Clusters Original
- S Crunchy Nut Granola Fruit & Nut
- S D Special K Immune Cherry, Dark Chocolate & Almond

Available from B & M Bargains.

- S ▶ Jimmy's Choco Dragon Shells

Lizi's

Available from Waitrose and online from www.lizis.co.uk.

- KLBD D Super Muesli Boost
- KLBD D Super Muesli Cleanse
- KLBD D Super Muesli Focus
- KLBD D Super Muesli Glow

Mornflake

- P ▶ Classic Bran Flakes
- P ▶ Classic Fruit & Fibre
- P ▶ Oatbran Flakes Very Berry

Nestle

S Cheerios Oat

Quaker

D Oat So Simple Big Pot Golden Syrup
D Oat So Simple Big Pot Original
D Oat So Simple Pots Caramel
D Oat So Simple Pots Honey & Vanilla
D Oat So Simple Pots Protein
D Oat So Simple Pots Protein Golden Syrup
D Oat So Simple Pots Strawberry Jam
D Oat So Simple Pots Strawberry, Raspberry & Cranberry
D ► Oat So Simple Sachets Cuppa Porridge Golden Syrup
D ► Oat So Simple Sachets Cuppa Porridge Original
P Oat So Simple Sachets Gluten Free
P Oat So Simple Sachets Protein
P Oat So Simple Sachets Protein Cinnamon
P Oat So Simple Sachets Protein Golden Syrup
P Oats Gluten Free

Rude Health

KLBD ► Puffed Wheat

CHIPS

McCain

NK ► Chips Gastro Triple Cooked
NK ► Roasts Crispy & Fluffy
NK ► Roasts Gastro Goose Fat

CHOCOLATE & SWEET SPREADS

Tiptree

Certified in 205g jar.
KLBD D Chocolate Orange

COFFEE & SUBSTITUTES

Beanies Flavour Coffee

For online purchases visit www.beaniesflavourco.co.uk.
KLBD ► Jaffa Cake
KLBD ► Maple Fudge
KLBD ► Sweet Cinnamon
KLBD ► Turkish Delight
KLBD ► White Chocolate Raspberry

COFFEE MACHINES

Nescafe Dolce Gusto

KLBD Americano Smooth Morning
KLBD Grande Intenso

Nespresso

Available from Nespresso shops, online from www.nespresso.com/uk and Tel: 0800 442 442.

P Barista Caramel Creme Brulee
P Barista Cocoa Truffle
P ► Barista Creations Freddo Delicato
P ► Barista Creations Freddo Intenso
P Barista Vanilla Eclair
P ► Ispirazione Venezia

Nespresso Vertuo

P Barista Creations Caramel Cookie
P Barista Creations Hazelnut Muffin
P ► Barista Creations Ice Forte
P ► Barista Creations Ice Leggero
P Barista Creations Vanilla Custard Pie

CONFECTIONERY

Cadbury

P Bournville Old Jamaica
P Bournville Orange

Chupa Chups

D ► Caramel
P ► Raspberry
D ► Raspberry Vanilla

Divine

P ► Dark Chocolate Hazelnut
P ► Dark Chocolate Pink Himalayan Salt
D ► Dark Chocolate Thins Salted Caramel
D ► Milk Chocolate 45%
D ► Milk Chocolate Toffee & Sea Salt

Fox"s

P Glacier Spearmints

M & M's

Only the products listed are kosher certified, other varieties are not kosher.

KLBD D ► Crunchy Caramel
KLBD D ► Eggs Chocolate
KLBD D ► Salted Caramel

Mars

KLBD D Snickers Crisp
KLBD D Twix Salted Caramel
KLBD D Twix Top

Nespresso

D Chocolate Dark Salted Caramel

Nestle

NK Smarties Buttons

Plamil

KLBD Organic Dairy Free Chocolate Hearts

Plamil So Free

Available from independent health and wholefood shops and online from www.plamilfoods.co.uk.

KLBD ► Smooth Cocoa & Rice

Ricola

P Honey Lemon Echinacea

Skittles

P ► Fruits Chewies
P ► Fruits Giants
P ► Fruits Whites

Supernature

For stockists and purchases see www.supernature.com.

KLBD ► Chocolate Covered Hazelnuts
KLBD ► Hazelnut Clusters
KLBD ► Peanut Butter Cups

COUS COUS

Fontana Formiello

Available from independent food shops and online from Amazon.

KLBD Medium

CRACKERS & CRISPBREADS

Finn Crisp

P ► Original Rye Round
P ► Original Rye Round

Rakusen's

KLBD Vegan Water Biscuit

CRISPS & SNACKS

Love Corn

KLBD ► Salt & Vinegar

Perry Court Farm

Certified with or without KLBD logo.

KLBD ► Crisps Apple Sweet
KLBD ► Crisps Apple Tangy
KLBD ► Crisps Pear

DAIRY FREE CHEESE

Morrisons V Taste

KLBD Slices Red Leicester

Tesco Free From

KLBD ► Soft Cheese Garlic & Herbs

DAIRY FREE CREAM

The Bridge Bio

For stockists see www.thebridgebio.com.

KLBD ► Cuisine Coco

- KLBD** ▶ Cuisine Oat
- KLBD** ▶ Cuisine Rice
- KLBD** ▶ Cuisine Soya

DAIRY FREE DESSERTS

The Bridge Bio

For stockists see www.thebridgebio.com.

- KLBD** ▶ Avena Cacao
- KLBD** ▶ Avena Vanilla
- KLBD** ▶ Rice Cacao
- KLBD** ▶ Rice Vanilla
- KLBD** ▶ Soya Cacao
- KLBD** ▶ Soya Vanilla

DAIRY FREE MILK & DRINKS

Alpro

- P ▶ Barista Almond
- P ▶ Barista Oat
- P ▶ Barista Soya
- P ▶ Coconut Organic
- P ▶ Coconut Unsweetened

Chilled and UHT versions.

- P ▶ Soya Chocolate Plant Protein
- P ▶ Soya Plant Protein

Alpro for Professionals

- P ▶ Almond
- P ▶ Coconut

Califia Farms

- S ▶ Almond Cold Brew Mocha
- S ▶ Almond Cold Brew Salted Caramel
- S ▶ Coconut Almond Chocolate
- S ▶ Oat Barista Blend

Koko Dairy Free

- NK** Super

Lucy Bee

For purchases see www.lucybee.com.

- KLBD** ▶ Coconut

Nutty Bruce

Available from Whole Foods Market & Planet Organic.

- KLBD** Almond & Coconut Unsweetened
- KLBD** Almond & Oat Unsweetened
- KLBD** Almond Unsweetened

Rude Health

- KLBD** ▶ Soya Barista

The Bridge Bio

For stockists see www.thebridgebio.com.

- KLBD** ▶ Almond Drink

- KLBD** ▶ Almond Drink Pure
- KLBD** ▶ Almond Drink Sugarfree
- KLBD** ▶ Almond Original
- KLBD** ▶ Avena Drink Cacao
- KLBD** ▶ Avena Drink Calcium
- KLBD** ▶ Brazil Nut Drink
- KLBD** ▶ Buckwheat Drink
- KLBD** ▶ Coconut Drink
- KLBD** ▶ Oat Drink Barista
- KLBD** ▶ Oat Drink Gluten Free
- KLBD** ▶ Oat Drink Natural
- KLBD** ▶ Quinoa Drink
- KLBD** ▶ Rice Brown
- KLBD** ▶ Rice Drink Almond
- KLBD** ▶ Rice Drink Cacao
- KLBD** ▶ Rice Drink Calcium
- KLBD** ▶ Rice Drink Coconut
- KLBD** ▶ Rice Drink Hazelnut
- KLBD** ▶ Rice Drink Natural
- KLBD** ▶ Rice Drink Vanilla
- KLBD** ▶ Soya Drink Natural
- KLBD** ▶ Soya Drink Vanilla
- KLBD** ▶ Spelt Drink

DAIRY FREE YOGHURTS

Alpro

- P ▶ Greek Blueberry
- P ▶ Greek Vanilla
- P ▶ Mango Kids
- P ▶ No Added Sugars Apple Kiwi
- P ▶ No Added Sugars Cherry
- P ▶ No Added Sugars Mango
- P Peach & Pear
- P Strawberry & Banana

DELICATESSEN

Ramona's

- KLBD** ▶ Aubergine Babaganoush
- KLBD** Falafel Original
- KLBD** Falafel Spinach & Kale
- KLBD** ▶ Houmous Beetroot
- KLBD** ▶ Houmous Coriander
- KLBD** Houmous Jalapeno
- KLBD** Houmous Original
- KLBD** Houmous Roasted Red Pepper
- KLBD** ▶ Salad Grilled Pepper
- KLBD** ▶ Tahina

DESSERTS

Ambrosia

- D ▶ Deluxe Custard Belgian Chocolate

- D ▶ Deluxe Custard Vanilla Clotted Cream
- D ▶ Deluxe Custard Vanilla Salted Caramel
- D ▶ Deluxe Custard Vanilla West Country Cream
- D ▶ Deluxe Rice Spiced Apple
- D ▶ Deluxe Rice Vanilla West Country Cream

Dole

- P Blackcurrants in Blackcurrant Jelly
- P Blueberries in Blueberry Jelly

ENERGY & PROTEIN SNACKS

Bounce

Contain kosher grape juice.

- KLBD** D Ball Dark Chocolate
- KLBD** D ▶ Ball Dark Chocolate Raspberry
- KLBD** D Ball Salted Caramel
- KLBD** D Ball V Life Almond Spirulina

Huel

Contain kosher grape juice. Available from www.huel.com.

- KLBD** Bar Chocolate
- KLBD** Bar Chocolate Orange
- KLBD** Bar Coffee Caramel
- KLBD** Bar Peanut Butter
- KLBD** ▶ Bar Raspberry & White Chocolate
- KLBD** Bar Salted Caramel

Kind

▶ Protein bars bearing a kosher logo. Parev or Dairy status may vary between batches, so you are advised to check the individual wrappers.

ENERGY DRINKS

Boost

- P Energy Red Berry
- P Energy Sugar Free Punch Power

FISH CANNED

John West

- P ▶ Mackerel Fillets Smoked Irish
- P ▶ Mackerel Fillets Smoked Irish Peppered
- P ▶ Mackerel Fillets Smoked Irish Red Chilli
- P ▶ Sardines North Atlantic in Sunflower Oil

FLAVOURINGS

Preema

- P ▶ Flavouring Essence Pineapple

FRUIT CANS, JARS & POTS

Del Monte

- NK** Fruit Express Fruit Cocktail in Juice
- P Fruit Express Gold Pineapple in Juice
- NK** Fruit Express Mandarins in Juice

- NK** Fruit Express Peach & Pear in Juice
- NK** Fruit Express Peach Chunks in Juice
- NK** Fruit Express Tropical Fruit Mix in Juice

Nature's Finest

- P Mandarin in Juice
- P Mango in Coconut Water
- P Mango in Juice
- P Pineapple in Coconut Water
- P Pineapple in Juice
- P Pomelo Grapefruit in Juice
- P Tropical Fruits in Juice

FRUIT DRIED

Nim's

For stockists and purchases see www.nimsfruitcrisps.com.

- KLBD ► Infusions Cucumber
- KLBD ► Infusions Grapefruit
- KLBD ► Infusions Kumquat
- KLBD ► Infusions Lemon
- KLBD ► Infusions Lime
- KLBD ► Infusions Oranges

Urban Fruit

- KLBD** Coconut Chips
- KLBD** ► Mango & Passionfruit, Lime

FRUIT SNACKS

Bear

- KLBD** ► Bites Blackcurrant & Beetroot
- KLBD** ► Bites Strawberry & Butternut Squash
- KLBD** ► Yoyos Giant Apple & Blackcurrant
- KLBD** ► Yoyos Giant Strawberry & Mango

Freddie's Farm

For purchases see www.freddiesfarmsnacks.co.uk .
Certified with or without KLBD logo.

- KLBD** ► Fruit Shapes Apple
- KLBD** ► Fruit Shapes Blueberry
- KLBD** ► Fruit Shapes Raspberry

Perry Court Farm

Certified with or without KLBD logo.

- KLBD** ► Bar Apple & Blueberry
- KLBD** ► Bar Apple & Raspberry
- KLBD** ► Bar Apple & Strawberry

GLUTEN FREE BISCUITS & CAKES

Nairn's

- NK** Oaties

Walkers

- S D Gluten Free Biscuits Chocolate Chunk & Orange
- S D Gluten Free Biscuits Oat & Cranberry

GLUTEN FREE BREAD & ROLLS

Warburtons Gluten Free

Also available on prescription no KLBD logo.

- KLBD** Loaf Brown

Available from Sainsbury's.

- KLBD** Toastie

GLUTEN FREE CRACKERS & SNACKS

Nairn's

- NK** Astro Bites
- NK** Crackers
- NK** Flatbreads
- NK** Pop Oats
- NK** Snackers

Rakusen's

- KLBD** Matzos Gluten Free

GLUTEN FREE FLOUR & BAKING POWDER

Doves Farm

- KLBD** ► Flour Coconut

Lucy Bee

For purchases see www.lucybee.com.

- KLBD ► Coconut Flour

HOT CHOCOLATE & MALTED DRINKS

Cadbury

- P ► Hot Chocolate 30% Less Sugar
- P ► Hot Chocolate Original

ICE CREAMS, LOLLIES & SORBET

Ben & Jerry's

- S D ► Baked Alaska
- S D ► Chip Happens
- S D ► Cone Together

- KLBD D** Cookie Dough Chunks Chocolate Chip

Some batches have been mislabelled KLBD, but they are KLBD Dairy.

- S D ► Fairway to Heaven
- S D Moophoria Chocolate Cherry Garcia
- S D ► Moophoria Poppin' Popcorn
- S D Moophoria Salted Caramel Brownie
- S D ► Netflix & Chill'd
- S D ► Non Dairy Coconutterly Cararam'l'd
- S D ► Non Dairy Cookies on Cookie Dough
- S D ► Vanilla

Booja Booja

- KLBD** Heavens on Earth
- KLBD** Honeycomb Caramel

Haagen Dazs

- S D ► Brownie Macchiato

Robinsons

- P ► Freeze Pops

Robinsons Fruit Shoot

- NK** ► Squeezee Pops

Rowntrees

Contains Blackcurrant, Strawberry & Tropical.

- P Push Up Multipack

Wall's

- D ► Cornetto Mint

JAMS & FRUIT SPREADS

Tiptree

Certified in 42g and 28g jars.

- KLBD ► Preserve Raspberry

LOW PROTEIN FOODS

Mevalia

- P Chocotino

OIL

KTC

- KLBD** ► Olive Extra Virgin

OMEGA OILS VEGAN & ESSENTIAL FATTY ACIDS

Lucy Bee

For purchases see www.lucybee.com.

- KLBD ► Starseed Sacha Inchi

PASTRY

Zeal

- KLBD** Chinese Duck Pancakes

PEANUT & NUT BUTTERS

Zeal

Smooth and Crunchy. Available from kosher shops.

- KLBD** Peanut

PICKLED VEGETABLES

Baxters

- P ► Deli Topper Jalapenos
- P ► Deli Toppers Red Slaw
- P ► Deli Toppers Spicy Slaw

RICE

Fontana Formiello

Available from independent food shops and online from Amazon.

- KLBD** Risotto Arborio
- KLBD** Risotto Carnaroli
- KLBD** Risotto Venere Nero

RICE & CORN CAKES

Kallo

- P Rice Cake Minis Belgian Dark Chocolate

SALAD DRESSINGS & MAYONNAISE

Heinz

- NK** ▶ Salad Dressing Spray

SAUCES & CONDIMENTS

Baxters

- P Chutney Bramley Apple, Date & Stout
- P Chutney Ploughman's
- P Relish Cool Cucumber & Dill

Heinz

Only approved in plastic bottles that state 'Made in the Netherlands.'

- P ▶ Barbecue Sweet & Spicy

Nando's

Only permitted when bearing a kosher logo.

- KLBD** ▶ Coat n Cook Peri Peri Mango & Lime

Ocean Spray

- P Cranberry Smooth
- P Cranberry Whole

Tabasco

- P Sriracha

Zest

- NK** Pasta Sauce
- NK** Pesto

SLIMMERS FOODS

Cambridge Weight Plan

- D Porridge Maple & Pecan

SNACK BARS

- ▶ Kind

Snack bars bearing a kosher logo. Pared or Dairy status may vary between batches, so you are advised to check the individual wrappers.

Lexi's

Available from www.lexistreats.com.

- KLBD D** ▶ Crispy Treat Marshmallow Bliss
- KLBD D** ▶ Crispy Treat Triple Choc Delight

Tracker

- KLBD D ▶ Chocolate & Peanut
- KLBD D ▶ Peanut & Caramel

SOFT DRINKS

Coca Cola

- P ▶ Diet Sublime Lime

Copella

- P Apple & Pear
- P Apple Cooler

Fanta

- P ▶ Raspberry Zero

Lucy Bee

For purchases see www.lucybee.com.

- KLBD ▶ Coconut Water

SPICES, HERBS & SALTS

Greenfields

Selected products in ASDA and Morrisons. For online purchases see www.souschef.co.uk.

- KLBD ▶ Chilli Flakes Hot
- KLBD ▶ Cinnamon Sticks
- KLBD ▶ Citric Acid
- KLBD ▶ Curry Leaves
- KLBD ▶ Garlic Salt
- KLBD ▶ Hibiscus Flower
- KLBD ▶ Himalayan Pink Salt
- KLBD ▶ Himalayan Pink Salt Chilli & Lime
- KLBD ▶ Kaffir Lime Leaves
- KLBD ▶ Mint
- KLBD ▶ Oregano
- KLBD ▶ Pink Rose Buds
- KLBD ▶ Somaq
- KLBD ▶ Thyme

Lucy Bee

For purchases see www.lucybee.com.

- KLBD ▶ Cinnamon Powder
- KLBD ▶ Peppercorns Whole Black
- KLBD ▶ Super Boost Blend Chai
- KLBD ▶ Super Boost Blend Turmeric

Olives Et Al

Available from Kosher Kingdom and some online retailers.

- P Spiced Dukkah

Saxa

- KLBD Salt Fine

Schwartz

- P Celery Salt
- P ▶ Season All

Truffle Hunter

- KLBD Black Truffle Sea Salt

SPORTS & NUTRITION

Huel

Available from www.huel.com.

- KLBD ▶ Gluten Free Powder Banana
- KLBD ▶ Gluten Free Powder Berry
- KLBD ▶ Gluten Free Powder Chocolate
- KLBD ▶ Gluten Free Powder Coffee
- KLBD ▶ Gluten Free Powder Mint Chocolate
- KLBD ▶ Powder Banana
- KLBD ▶ Powder Berry
- KLBD ▶ Powder Black Edition Chocolate
- KLBD ▶ Powder Chocolate
- KLBD ▶ Powder Coffee
- KLBD ▶ Powder Mint Chocolate

SUGAR

Tate & Lyle

- KLBD** ▶ Brown Soft Dark
- KLBD** ▶ Brown Soft Light
- KLBD** ▶ Demerara Cubes
- KLBD** ▶ Demerara Unrefined

SUGAR FREE CONFECTIONERY

Benjamissimo

Available from Planet Organic.

- KLBD No Added Sugar Chocolate Dark
- KLBD No Added Sugar Chocolate Praline

Plamil Expressions

For stockists see www.plamilfoods.co.uk.

- KLBD ▶ No Added Sugar Chocolate Milk Xylitol

SUGAR FREE FOODS

Plamil

- KLBD Drops Chocolate No Added Sugar Catering Bake Stable
- KLBD ▶ Drops Chocolate No Added Sugar Catering Milk

SUPERFOODS

Aduna

- KLBD** Fonio Super Grain

Kiki Health

P Lecithin

Special Ingredients

P Lecithin

SWEETENERS

Lucy Bee

Available from ASDA and www.lucybee.com.

KLBD ► Coconut Sugar

Pure Via

KLBD ► Erythritol 100%

KLBD ► Xylitol

SYRUPS & TOPPINGS

Askeys

P ► Treat Maple Syrup

P ► Treat Sauce Chocolate

Clarks

NK ► Original

Hilltop

Available from Amazon.

KLBD ► Pure Maple Syrup Amber & Rich

KLBD ► Pure Maple Syrup Dark & Strong

TEA

Twinings

KLBD ► Kids Cold Infuse Blackcurrant & Apple

KLBD ► Kids Cold Infuse Mango & Orange

KLBD ► Kids Cold Infuse Strawberry Lemonade

VEGETABLES CANS & JARS

Coppola

KLBD ► Pelati Gialli

KLBD ► Pelati Peeled Plum Tomatoes

KLBD ► Polpa Chopped Tomatoes

KLBD ► Pomodorini Cherry Tomatoes

Hillfield

Available from kosher shops.

KLBD Beans Black

KLBD Beans Borlotti

KLBD Beans Butter

KLBD Beans Cannellini

KLBD Beans Chilli

KLBD Beans Haricot

KLBD Beans Mixed

KLBD Beans Pinto

KLBD Beans Red Kidney

KLBD Black Eye Peas

KLBD Chick Peas

KLBD Lentils

VEGETABLES DRIED

Greenfields

For online purchases see www.souschef.co.uk.

KLBD ► Beans Egyptian

KLBD ► Beans Fava

KLBD ► Beans Split Broad

KLBD ► Lentils Brown

KLBD ► Lentils Green

KLBD ► Lentils Red

KLBD ► Pearl Barley

KLBD ► Quinoa

Merchant Gourmet

NK ► Sundried Tomatoes Marinated

VEGETABLES FRESH

Fullgreen

KLBD ► Riced Cauliflower

KLBD ► Riced Cauliflower & Broccoli

KLBD ► Riced Sweet Potato

VEGETARIAN FOODS

Gosh

KLBD ► Cocktail Sausages Sage & Black Pepper

WORLD FOODS

Clearspring

Not to be confused with Sweet White Miso, Miso Instant Soup or Miso Pastes which are not approved.

S ► Miso White Jar

KLBD Tea Matcha Genmaicha

KLBD Tea Matcha Ginger

KLBD Tea Matcha Mint

KLBD Tea Matcha Sencha

KLBD Tea Matcha Turmeric

Cypressa

P Tahini Macedonian

KTC

Available from Morrisons.

KLBD D Ghee Pure Butter

Taj Mahal

Available from Morrisons.

KLBD Best Ghee

YEAST DRIED

Allinson's

P Time Saver

Fermipan

Packaging should have UK address.

KLBD Red

YOGHURTS & DAIRY DESSERTS

Muller

NK ► Light Amore Morello Cherry

NK ► Quark

ALCOHOL

CIDER & PERRY

Blackthorn

P ► Cider Reserve

Specialty Selected

750ml glass bottles only. Available from Aldi.

KLBD ► English Vintage

Thatchers

KLBD ► Cloudy Lemon

KLBD ► Zero

CREAM LIQUEURS

Baileys

D ► Red Velvet Cupcake

D ► Strawberries & Cream

FLAVOURED ALCOHOLIC DRINKS

Malibu

P Pink Lemonade Fizzy

GIN

Tiptree

35cl bottles only. Available from www.tiptree.com and other online retailers.

KLBD ► English Damson

KLBD ► English Quince

KLBD ► English Raspberry

KLBD ► English Rhubarb

KLBD ► English Strawberry

KLBD ► Little Scarlet Strawberry

LAGER

Edinburgh Beer Factory

Available online from www.edinburghbeerfactory.co.uk.

KLBD Lager

LIQUEURS

Jagermeister

P Cold Brew

P Scharf

Lejay

P ► Creme de Mure

Pallini

P ► Limoncello

VODKA

Black Cow

Also KLBD without logo. Available from www.blackcow.co.uk.

KLBD D ► Purely from Milk

Stoli

S Stolichnaya Elit

WHISKY WELSH

Penderyn

KLBD Celt

KLBD Myth

KLBD Peated

KLBD Rich Oak

CLEANING

WASHING UP LIQUID

Ecover

P ► Lily & Lotus

P ► Pomegranate & Fig

MEDICINES

COUGHS & COLDS

P Tesco Max Cold & Flu Relief Blackcurrant Sachets

P Tesco Max Cold & Flu Relief Lemon Sachets

P Tesco Max Echinacea Cold & Flu Relief Tablets

FEMALE HEALTH

P Menopace Max Tablets

P Menopace Plus Tablets

HAYFEVER & ALLERGIES

P Pinewood Cetirizine Solution

IRON SUPPLEMENTS

P ► Ferrous Gluconate Tablets

MULTIVITAMINS & MINERALS

S Goli Apple Cider Vinegar Gummies

P Lemlift Immune Support Lemon Effervescent

P Lemlift Immune Support Orange Effervescent

P Sambucol Immuno Forte C + Zinc Pastilles

OMEGA OILS VEGAN & ESSENTIAL FATTY ACIDS

P Health Aid Starflower Oil Capsules

PAIN KILLERS JUNIOR

P Fennings Paracetamol Suspension

PRESCRIPTION ONLY MEDICINES

P Co Danthrussate Suspension

SORE THROATS

NK Grether's Blackcurrant Pastilles

STRESS & ENERGY

P ► Bach Rescue Plus Clarity & Composure Mixed Berry Lozeng

P ► Bach Rescue Plus Clarity & Composure Orange & Elderflower Lozeng

VITAMIN D

S Solgar Vitamin D Capsules

VITAMINS, MINERALS & PROBIOTICS FOR CHILDREN

P Holland & Barrett Baby Multivitamin Orange Liquid

D ► Optibac for Babies & Children Sachets

DELISTED PRODUCTS

Bayou Spiced Rum

► Chupa Chups Melody Pops Strawberry

► Chupa Chups XXL Apple & Strawberry

► Chupa Chups XXL Cola & Strawberry

► Chupa Chups XXL Strawberry

► Cofresh Coconut Bar

► Cofresh Peanut Bar

► Cofresh Sesame Bar

► Everfresh Breads

► Everfresh Cakes

Old stock bearing the KLBD logo is still approved.

► Freaks of Nature Pudding Chocolate Fudge

► Freaks of Nature Pudding Sticky Toffee

► Halo Top Candy Bar Tub

► Halo Top Cinnamon Roll Tub

► Halo Top Cookies & Cream Tub

► Huel Gluten Free Powder Vanilla

► Huel Powder Vanilla

Indus London Mix

► Ming Foods Pancakes for Crispy Duck

► Pulsin Bars and Protein Powders

Old stock bearing the KLBD logo is still approved.

► Severn & Wye Smokery Halibut Smoked

► Severn & Wye Smokery Tuna Smoked

► Wunder Workshop Golden Turmeric

► Wunder Workshop Superfoods

► Wunder Workshop Teas

KEY

► = New information since previous update

KLBD = Certified by the London Beth Din (logo on pack)

KLBD = Certified by the London Beth Din (no logo on pack)

P = Parev

D = Dairy (Not Chalav Yisrael)

S = Certified by other Rabbinate

NK = Not Kosher